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Exo garments provide a full range of ready-to-wear solutions for your patients' unique needs. From ExoStrong ready-to-wear flat-knit garments for maximum containment to ExoFusion for focused compression over the foot, there's an Exo for everyone.

Why Choose Exo?



Like all of our ready-to-wear garments, all Exo orders placed before 5pm CST ship the same day.



Exo garments are easy to care for - machine wash and dry with a normal load of laundry.



ExoStrong is the complete line of ready-to-wear flat-knit garments and only costs a fraction of custom daywear.



Choose the style and structure that best accommodates your patients' unique needs.



Based on feedback from our customers, we've updated the target compression on ExoStrong garments. It still provides your customers with 20 - 30 mmHg, but now it will be easier for them to don.



ExoSoft arm sleeves were the highestrated circular-knit products by therapists and DMEs in single blind trials*.



ExoStrong[™]

ExoSoft[®]

		50019		
Description	that provide while remair	ear flat-knit garments maximum containment ning comfortable - <i>all for a</i> he cost of custom daywear.	provide cor gradient co	it garments that nfortable impression with reathability.
Containment Level		High		Moderate
Available Compression Levels	20 – 30 mmF	łg	15 – 20 mm 20 – 30 mm	nHg <i>(LE Only)</i> nHg
Color Options	Black Be	Black Beige		ige
Knit Structure	Flat-knit		Circular-kni	t
Available Styles		Arm Sleeve UE-CG Sold Individually Knit or Silicone Top Glove		Arm Sleeve UE-CG Sold Individually Knit or Silicone Top Glove
		UE-AC Sold Individually DIPs to Wrist, PIPs to Wrist, or MCPs to Wrist		UE-AC Sold Individually DIPs to Wrist, PIPs to Wrist, or MCPs to Wrist
		Gauntlet UE-BC Sold Individually		Gauntlet UE-BC Sold Individually
		Thigh High LE-AG Sold Individually Open Toe only Silicone Top only	1	Thigh High LE-AG Sold in Pairs Closed Toe only Silicone Top only
4		Below Knee LE-AD Sold Individually Open Toe only Knit or Silicone Top		Below Knee LE-AD Sold in Pairs Open or Closed Toe Knit Top only

ExoSheer

ExoFusion

Discreet, sheer fabric offers efficient gradient compression and maximum breathability.

A comfortable sock that provides focused compression over the foot, making it easier to don than traditional stockings.







Low





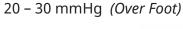


Moderate (Over Foot)

8 – 15 mmHg

15 - 20 mmHg

20 – 30 mmHg





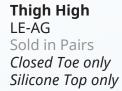




Circular-knit

Circular-knit







Below Knee LE-AD Sold in Pairs Closed Toe only



Below Knee LE-AD Sold in Pairs Open or Closed Toe (8 - 15 mmHg Closed only) Knit Top only

ExoStrong Upper Extremity Garments



A ready-to-wear arm sleeve designed for maximum support, comfort, and durability from the wrist to the axilla.



Designed with a functional bend at the elbow for improved comfort and range of motion.



Flat-knit structure provides maximum containment while remaining flexible.



Durable material helps resist snags and runs.



Made with fibers that combine a soft, tactile feel with moisture wicking and temperature control.



ExoStrong Glove / Gauntlet 54-203 / 54-211

A comfortable, off-the-shelf glove / gauntlet that provides maximum containment.



Flat, reinforced edges help reduce irritation and rolling.



Tapered wrist design works in tandem with UE-CG garments to provide full arm coverage.



Gusseted web spaces provide flexibility while maintaining containment.



Made with fibers that combine a soft, tactile feel with moisture wicking and temperature control.







ExoStrong Arm Sleeve 54-221

All sizes in centimeters

Short	Arm Length: up to 43			
Description	Wrist Girth	Elbow Girth	Upper Arm Girth	Item Code
Small	15 - 17	24 - 27	27 - 30	54-221-44-XX-30X0
Medium	17 - 19	27 - 31	31 - 35	54-221-45-XX-30X0
Large	20 - 22	31 - 35	35 - 40	54-221-46-XX-30X0
X-Large	23 - 25	36 - 41	40 - 45	54-221-47-XX-30X0
Average	Arm Length: up to 46			
Description	Wrist Girth	Elbow Girth	Upper Arm Girth	Item Code
Small	15 - 17	24 - 27	27 - 30	54-221-54-XX-30X0
Medium	17 - 19	27 - 31	31 - 35	54-221-55-XX-30X0
Large	20 - 22	31 - 35	35 - 40	54-221-56-XX-30X0
X-Large	23 - 25	36 - 41	40 - 45	54-221-57-XX-30X0
Tall	Arm Length: up to 49			
Description	Wrist Girth	Elbow Girth	Upper Arm Girth	Item Code
Small	15 - 17	24 - 27	27 - 30	54-221-64-XX-30X0
Medium	17 - 19	27 - 31	31 - 35	54-221-65-XX-30X0
Large	20 - 22	31 - 35	35 - 40	54-221-66-XX-30X0
X-Large	23 - 25	36 - 41	40 - 45	54-221-67-XX-30X0

ExoStrong Glove / Gauntlet 54-203 / 54-211

Glove / Gauntlet	Length: N/A		
Description	Palm Girth	Wrist Girth	Item Code
Small	17 - 19	15 - 17	54-2XX-54-XX-3X00
Medium	19 - 21	17 - 19	54-2XX-55-XX-3X00
Large	22 - 24	20 - 22	54-2XX-56-XX-3X00
X-Large	25 - 27	23 - 25	54-2XX-57-XX-3X00

ExoStrong Lower Extremity Garments

ExoStrong Thigh High 54-107

Ready-to-wear gradient compression flat-knit garments provide maximum containment from the MTP to the groin.



Heel seam provides an anatomical fit and helps ensure garment is donned properly.



Flat, reinforced edges help reduce irritation and rolling.



Designed for a comfortable fit while standing to increase ROM and prevent bulking at the ankle.



Made with fibers that combine a soft, tactile feel with moisture wicking and temperature control.



ExoStrong Below Knee 54-104

From the MTP to just below the knee bend, these ready-to-wear flat-knit garments offer maximum containment.



Heel seam provides an anatomical fit and helps ensure garment is donned properly.



Flat, reinforced edges help reduce irritation and rolling.



Provides a comfortable fit while standing and prevents bulking at the ankle.



Made with fibers that combine a soft, tactile feel with moisture wicking and temperature control.





ExoStrong Thigh High 54-107

All sizes in centimeters

Short	Foot Length: up to 17	Thigh Length: u	p to 71	
Description	Ankle Girth	Calf Girth	Thigh Girth	Item Code
Small	18 - 20	27 - 36	41 - 55	54-107-44-XX-3220
Medium	20 - 24	29 - 39	45 - 61	54-107-45-XX-3220
Large	24 - 28	32 - 43	50 - 66	54-107-46-XX-3220
X-Large	28 - 31	33 - 45	56 - 71	54-107-47-XX-3220
XX-Large	32 - 34	37 - 50	66 - 81	54-107-48-XX-3220
Average	Foot Length: up to 19	Thigh Length: u	p to 74	
Description	Ankle Girth	Calf Girth	Thigh Girth	Item Code
Small	18 - 20	27 - 36	41 - 55	54-107-54-XX-3220
Medium	20 - 24	29 - 39	45 - 61	54-107-55-XX-3220
Large	24 - 28	32 - 43	50 - 66	54-107-56-XX-3220
X-Large	28 - 31	33 - 45	56 - 71	54-107-57-XX-3220
XX-Large	32 - 34	37 - 50	66 - 81	54-107-58-XX-3220
Tall	Foot Length: up to 22	Thigh Length: u	p to 77	
Description	Ankle Girth	Calf Girth	Thigh Girth	Item Code
Small	18 - 20	27 - 36	41 - 55	54-107-64-XX-3220
Medium	20 - 24	29 - 39	45 - 61	54-107-65-XX-3220
Large	24 - 28	32 - 43	50 - 66	54-107-66-XX-3220
X-Large	28 - 31	33 - 45	56 - 71	54-107-67-XX-3220
XX-Large	32 - 34	37 - 50	66 - 81	54-107-68-XX-3220

ExoStrong Below Knee 54-104

Exostrong below three 54 104				
Short	Foot Length: up to 17	Calf Le	ngth: up to 38	
Description	Ankle Girth		Calf Girth	Item Code
Small	18 - 20		27 - 36	54-104-44-XX-32X0
Medium	20 - 24		29 - 39	54-104-45-XX-32X0
Large	24 - 28		32 - 43	54-104-46-XX-32X0
X-Large	28 - 31		33 - 45	54-104-47-XX-32X0
XX-Large	32 - 34		37 - 50	54-104-48-XX-32X0
Average	Foot Length: up to 19	Calf Le	ngth: up to 41	
Description	Ankle Girth		Calf Girth	Item Code
Small	18 - 20		27 - 36	54-104-54-XX-32X0
Medium	20 - 24		29 - 39	54-104-55-XX-32X0
Large	24 - 28		32 - 43	54-104-56-XX-32X0
X-Large	28 - 31		33 - 45	54-104-57-XX-32X0
XX-Large	32 - 34		37 - 50	54-104-58-XX-32X0
Tall	Foot Length: up to 22	Calf Le	ngth: up to 44	
Description	Ankle Girth		Calf Girth	Item Code
Small	18 - 20		27 - 36	54-104-64-XX-32X0
Medium	20 - 24	20 - 24		54-104-65-XX-32X0
Large	24 - 28		32 - 43	54-104-66-XX-32X0
X-Large	28 - 31		33 - 45	54-104-67-XX-32X0
XX-Large	32 - 34		37 - 50	54-104-68-XX-32X0

ExoSoft Upper Extremity Garments

ExoSoft Arm Sleeve 53-221

This #1 rated circular-knit arm sleeve provides comfortable gradient compression and moderate containment.



Highest rated arm sleeve by therapists and DMEs in single blind trials.



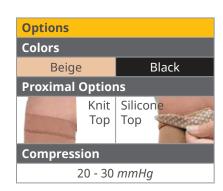
Wide bands at the wrist and axilla help the sleeve stay in place and resist rolling.



Microfiber materials are comfortable and breathable while still providing containment for mild to moderate edema.



Soft and smooth materials are easier for patients to don.



ExoSoft Glove / Gauntlet 53-203 / 53-211

ExoSoft gloves / gauntlet are the ideal balance of comfort, containment, and breathability. It's so soft you have to try it to believe it!



Tapered wrist works with UE-CG garments to provide full arm coverage.



Lightweight microfiber fabric helps keep patients cool, dry, and comfortable.



Flat, reinforced edges help reduce irritation and rolling.



Gusseted web spaces provide flexibility while maintaining containment.



Pictured: Quarter Finger MCPs to Wrist





ExoSoft Arm Sleeve 53-221

All sizes in centimeters

Short	Arm Length: less than	Arm Length: less than 43				
Description	Wrist Girth	Elbow Girth	Upper Arm Girth	Item Code		
Small	15 - 17	24 - 27	27 - 30	53-221-44-XX-30X0		
Medium	17 - 19	27 - 31	31 - 35	53-221-45-XX-30X0		
Large	20 - 22	31 - 35	35 - 40	53-221-46-XX-30X0		
X-Large	23 - 25	36 - 41	40 - 45	53-221-47-XX-30X0		
Tall	Arm Length: more th	an 43				
Description	Wrist Girth	Elbow Girth	Upper Arm Girth	Item Code		
Small	15 - 17	24 - 27	27 - 30	53-221-64-XX-30X0		
Medium	17 - 19	27 - 31	31 - 35	53-221-65-XX-30X0		
Large	20 - 22	31 - 35	35 - 40	53-221-66-XX-30X0		
X-Large	23 - 25	36 - 41	40 - 45	53-221-67-XX-30X0		

ExoSoft Glove / Gauntlet 53-203 / 53-211

Glove / Gauntlet	Length: N/A		
Description	Palm Girth	Wrist Girth	Item Code
Small	17 - 19	15 - 17	53-2XX-54-XX-3X00
Medium	19 - 21	17 - 19	53-2XX-55-XX-3X00
Large	22 - 24	20 - 22	53-2XX-56-XX-3X00
X-Large	25 - 27	23 - 25	53-2XX-57-XX-3X00

EXOSOft Lower Extremity Garments

ExoSoft Thigh High 53-107

When full leg coverage is needed, look no further than our comfortable ExoSoft Thigh High.



Wide silicone bands help reduce rolling and keep the stocking in place.



Soft and smooth materials are easier for patients to don.



Lightweight microfiber fabric helps keep patients cool, dry, and comfortable.



Heel pocket provides an anatomical fit and helps ensure the stocking is donned properly.



ExoSoft Below Knee 53-104

This circular-knit garment provides coverage to just below the knee crease, and looks as good as it feels.



Wide bands help reduce rolling and keep the stocking in place.



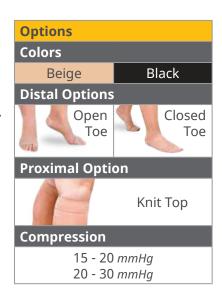
Soft and smooth materials are easier for patients to don.



Lightweight microfiber fabric helps keep patients cool, dry, and comfortable.



Heel pocket provides an anatomical fit and helps ensure the stocking is donned properly.





ExoSoft Thigh High 53-107

All sizes in centimeters

Thigh High	Length		Girths		
Description	Thigh	Ankle	Calf	Thigh	Item Code
Small	up to 73	18 - 20	27 - 37	41 - 56	53-107-54-XX-X120
Medium	up to 76	20 - 24	29 - 39	45 - 61	53-107-55-XX-X120
Large	up to 78	24 - 28	32 - 43	50 - 66	53-107-56-XX-X120
X-Large	up to 81	28 - 31	35 - 45	56 - 71	53-107-57-XX-X120

ExoSoft Below Knee 53-104

Below Knee	Length	Girths		
Description	Calf	Ankle	Calf	Item Code
Small	up to 40	18 - 20	27 - 37	53-104-54-XX-XX10
Medium	up to 43	20 - 24	29 - 39	53-104-55-XX-XX10
Large	up to 45	24 - 28	32 - 43	53-104-56-XX-XX10
X-Large	up to 48	28 - 31	35 - 45	53-104-57-XX-XX10



ExoSheer Lower Extremity Garments

ExoSheer Thigh High 52-107

Sheer thigh high garments provide full leg coverage and feature a silicone lace band that helps prevent slipping throughout the day.



Wide silicone band helps reduce rolling and keeps the stocking in place.



Silky and elastic material is easier for patients to don.



Lightweight fabric provides maximum breathability.



Sheer fabric offers a natural look.



ExoSheer Below Knee 52-104

Sheer circular-knit stockings blend form and function with soft, silky fabric that's easy to put on and wear underneath any type of clothing.



Wide band helps reduce rolling and keeps the stocking in place.



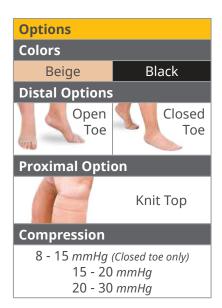
Silky and elastic material is easier for patients to don.



Lightweight fabric provides maximum breathability.



Sheer fabric offers a natural look.





ExoSheer Thigh High 52-107

All sizes in centimeters

Thigh High	Length		Girths		
Description	Thigh	Ankle	Calf	Thigh	Item Code
Small	up to 73	18 - 20	27 - 37	41 - 56	52-107-54-XX-X120
Medium	up to 76	20 - 24	29 - 39	45 - 61	52-107-55-XX-X120
Large	up to 78	24 - 28	32 - 43	50 - 66	52-107-56-XX-X120
X-Large	up to 81	28 - 31	35 - 45	56 - 71	52-107-57-XX-X120

ExoSheer Below Knee 52-104

Below Knee	Length	Girths		
Description	Calf	Ankle	Calf	Item Code
Small	up to 40	18 - 20	27 - 37	52-104-54-XX-XX10
Medium	up to 43	20 - 24	29 - 39	52-104-55-XX-XX10
Large	up to 45	24 - 28	32 - 43	52-104-56-XX-XX10
X-Large	up to 48	28 - 31	35 - 45	52-104-57-XX-XX10



EXOFUSION Foot Compression Garment

ExoFusion Foot 51-104

ExoFusion provides a focused 20 –30 mmHg compression over the foot. It can be worn alone or in conjunction with ReadyWrap, bandages, or layered under another compression garment.



Focused foot compression is easier for patients to don.



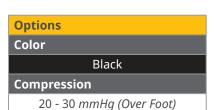
Made with fibers that combine a soft, tactile feel with moisture wicking and temperature control.



Looks and feels like a regular tube sock and fits inside shoes.



Can be paired with ReadyWrap to provide additional compression over the calf.





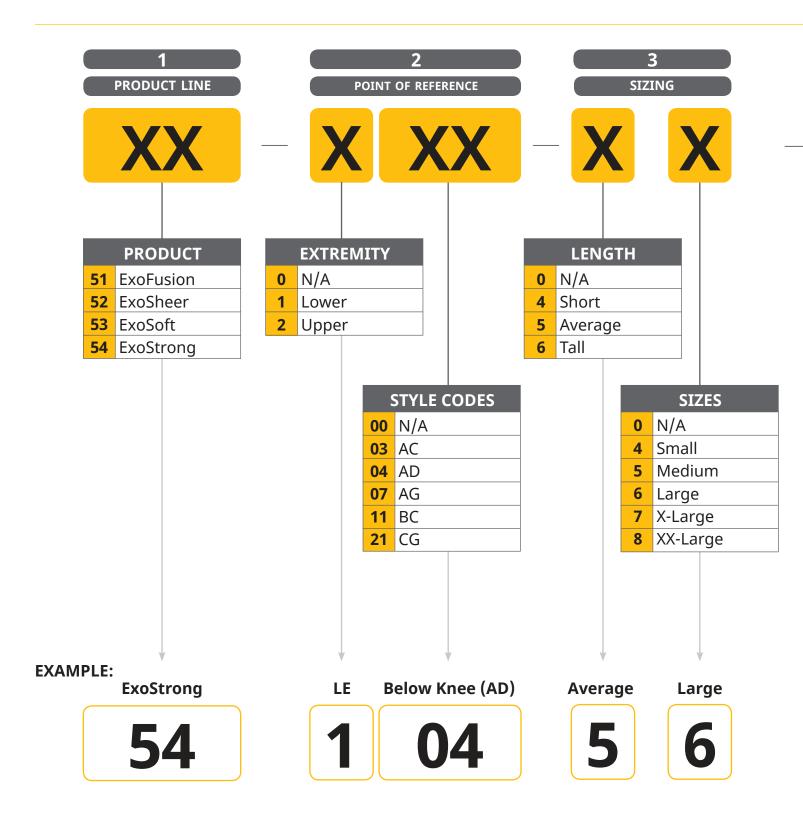
EXOFUSIONFoot Compression Garment Size Chart See page 18 for more info on how to determine Item / SKU codes for Exo garments.

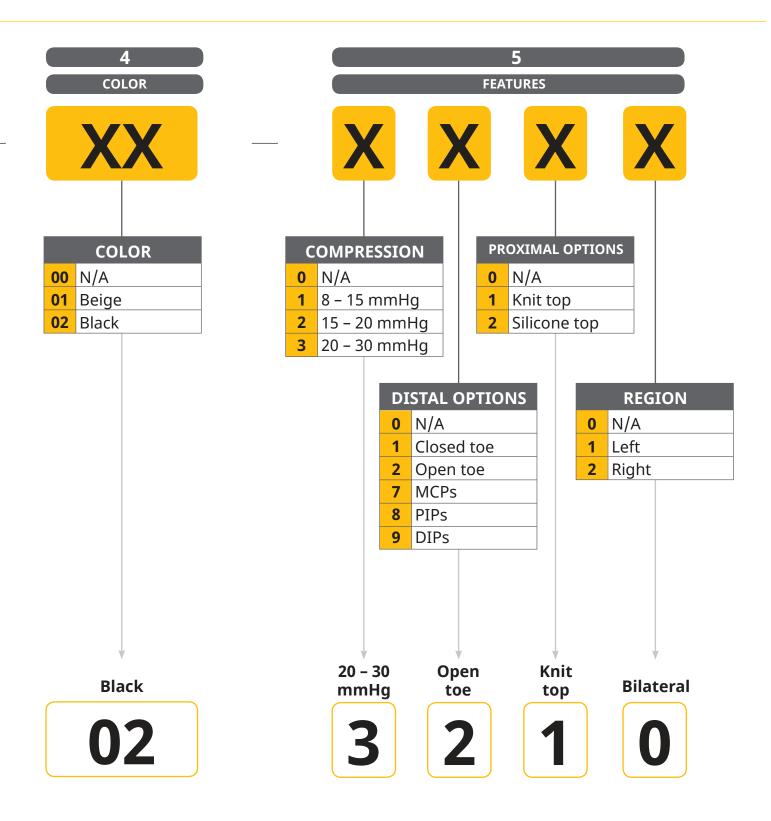
ExoFusion Foot 51-104

Short	Foot Length: up to 21		
Description	MTP Girth	Item Code	
Medium	20 - 24	51-104-45-02-3100	
Large	24 - 28	51-104-46-02-3100	
Tall	Foot Length: up to 28		
Description	MTP Girth	Item Code	
Medium	20 - 24	51-104-65-02-3100	
Large	24 - 28	51-104-66-02-3100	

Exo Item Codes

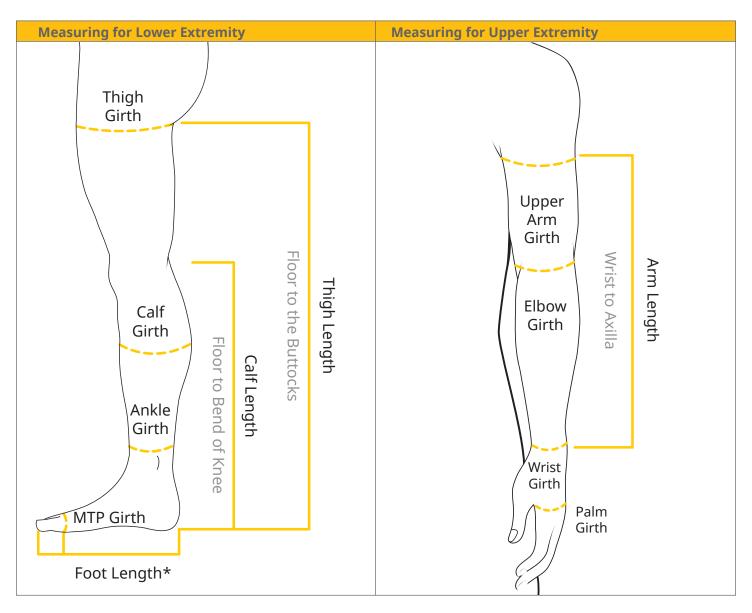
The Exo product line features a new, structured coding system. We know these item codes may take awhile to get used to, so if you have any questions give us a call at (855) 892-4140.





Measuring Landmarks

Measuring for Exo is easy. Simply use the landmarks below to determine the proper size garment.

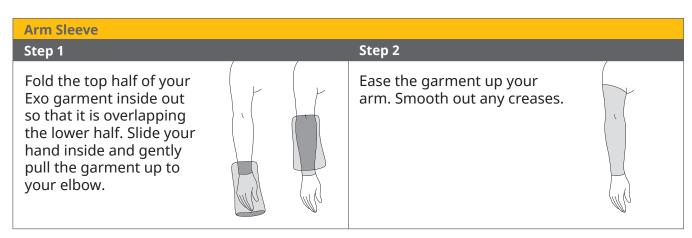


^{*} ExoFusion measured from heel to toe. ExoStrong measured from heel to MTP.

Donning Instructions

It is important to remove any jewelry before applying or removing your Exo garment. Avoid sticking fingernails or other sharp objects into the material as this may cause damage to the garment.





Glove and Gauntlet			
Step 1	,	Step 2	
If using an Exo arm sleeve, always put it on before using your Exo glove or gauntlet.		Slide your glove or gauntlet over your hand. Adjust for comfort around the fingers.	

Care Instructions

Washing

- Machine wash with mild detergent in warm water.
- DO NOT use bleach, fabric softeners, dryer sheets, or other additives.

Drying

- Machine dry on permanent press.
- DO NOT iron.

Indications

• Edema

Contraindications

- Arterial insufficiency or degeneration
- Untreated congestive heart failure
- Systemic infection
- Impaired sensation
- Cognitive impairment
- Allergies or sensitivities to materials