

# Peptamen® Intense VHP Unflavored

## Key Benefits

- The evidence-based, well-tolerated, very high protein, GI formula
- Highest percentage of calories from protein (37%) of any complete tube-feeding formula to help support maintenance of lean body mass
- 50% of fat from MCT and contains omega 3 fatty acids from fish oil to support modulation of proinflammatory mediators in the critically ill
- Carbohydrate level to help support the nutritional management of blood glucose
- Unique protein to calorie ratio specifically designed to help meet the protein requirements of the critically ill with obesity, recommended in the Critical Care Guidelines\*
- Enzymatically hydrolyzed, 100% whey protein may facilitate gastric emptying
- 4 g/L PREBIO™ soluble fiber blend helps promote the growth of beneficial bacteria to help support digestive health

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

1. Ha E, et al. J Nutr Biochem. 2003;14:251-258.

2. Calder P. PLEFA. 2006;75:197-202.

3. McClave et al. JPEN. 2016;40(2):159-211.

\*This statement does not constitute an endorsement of PEPTAMEN® INTENSE VHP formula or any other Nestlé HealthCare Nutrition product by SCCM or A.S.P.E.N.

## Nutrition Facts

### NUTRITION INFORMATION PER 250 mL

NUTRIENT COMPOSITION	amount	
Calories	250	kcal
Total Fat	9.5	g
MCT	4.5	g
Sodium	170	mg
Potassium	375	mg
TOTAL CARBOHYDRATE	19	g
Dietary Fiber	1	g
Protein	23	g
Vitamin A		
Retinol	200	mcg
B-Carotene	250	mcg
Vitamin C	30	mg
Calcium	170	mg
Iron	4	mg
Vitamin D	3.3	mcg
Vitamin E	5	mg
Vitamin K	20	mcg
Thiamin	0.6	mg
Riboflavin	0.5	mg
Niacin	5.5	mg
Vitamin B6	0.6	mg
Folic Acid	50	mcg
Vitamin B12	2	mcg
Biotin	8	mcg
Pantothenic Acid	1.2	mg
Phosphorus	170	mg
Iodine	35	mcg
Magnesium	75	mg
Zinc	2.5	mg
Selenium	20	mcg
Copper	0.5	mg
Manganese	0.7	mg
Chromium	15	mcg
Molybdenum	40	mcg
Chloride	280	mg
Choline	120	mg
L-Carnitine	25	mg
Taurine	25	mg
Inositol		mg
Water	210	g(mL)

## Nutritional Features

	Peptamen® Intense VHP Unflavored
kcal/mL	1.0
Caloric Distribution Protein (% of kcal)	Protein 37% Carbohydrate 30% Fat 33%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	7
Calcium (mEq)	9
Potassium (mEq)	10
Chloride (mEq)	8
NPC:N Ratio	42:1
MCT:LCT Ratio	50:50
n6:n3 Ratio	1.6:1
Free Water (%)	84
Dietary Nucleotides (g)	
EPA + DHA (g)	0.5
Source of Oil	
Osmolality (mOsm/kg water)	313
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient Sources

### Protein Source

- Enzymatically Hydrolyzed Whey Protein (Milk)

### Fat Source

- Medium Chain Triglycerides
- Refined Fish Oil (Anchovy, Sardine)
- Soybean Oil

### Carbohydrate Source

- Maltodextrin
- Cornstarch

### Fiber Source

- Fructooligosaccharides
- Inulin (From Chicory)

## Nutritional Applications

- Acutely ill obese (BMI >30)
- Impaired GI Function (Pancreatitis, Malabsorption, Malnutrition)
- Elevated protein requirements
- Mechanically ventilated critically ill patients
- IV sedated patients

Important Notes: NOT FOR PARENTERAL USE.

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This product is intended for use under medical supervision.

## Allergens

By Nature:  
Milk, Soy

Suitable Diets

- Lactose intolerance\*
- Gluten-free
- Kosher

Important Notes:  
\*Not for individuals with galactosemia  
Not appropriate for individuals with cow's milk protein allergy.



Ingredients

Water, Enzymatically Hydrolyzed Whey Protein (Milk), Maltodextrin, And Less Than 2% Of Medium Chain Triglycerides, Cornstarch, Refined Fish Oil (Anchovy, Sardine), Vitamins and Minerals‡, Fructooligosaccharides, Soy Lecithin, Soybean Oil, Inulin (From Chicory), Guar Gum, Taurine, L-Carnitine

‡Vitamins And Minerals: Magnesium Chloride, Calcium Chloride, Choline Chloride, Sodium Ascorbate, Calcium Phosphate, Sodium Citrate, Ferrous Sulfate, Zinc Sulfate, Di-Alpha Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Vitamin K1, Biotin, Vitamin D3, Vitamin B12

DRI

Coverage

Meets or exceeds 100% DRI for 23 key vitamins and minerals: Adult (+14 years old), 1500

Product Codes

	Peptamen® Intense VHP Unflavored 24 x 250 mL	Peptamen® Intense VHP Unflavored 6 x 1000 mL
HCPCS Code	B4153	B4153
NDC-Format Number	43900-0730-49	43900-0723-95
Case UPC	00043900432717	00043900493220
Each UPC	00043900730493	00043900723952
Product Code	4390043271	4390049322