Carnation Breakfast Essentials® Nutritional Powder Drink Mix Classic French Vanilla

Key Benefits

- . Mix powder with 8 fl oz skim milk for a delicious nutritional drink with 220 calories
- 13 g protein* to support growth, and help build and maintain muscle
- 21 vitamins and minerals*, including calcium and vitamin D to help build strong bones
- Excellent source of vitamins C and D, key nutrients for immune support
- For smoothie ideas and easy breakfast recipes visit www.CarnationBreakfastEssentials.com

Notes & Disclaimers for Key Benefits (Healthcare Professionals) *When prepared as directed with 1 cup skim milk.

Nutritional Features

	Carnation Breakfast Essentials* Nutritional Powder Drink Mix Classic French Vanilla
kcal/mL	0.8
Caloric Distribution Protein (% of kcal)	Protein 24% Carbohydrate 76% Fat 0%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	9
Calcium (mEq)	25
Potassium (mEq)	15
Chloride (mEq)	
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

Nonfat Milk

Fat Source

Carbohydrate Source

- Nonfat Milk
- Maltodextrin
- Sugar
- Lactose

Fiber Source

Nutritional Applications

- General oral supplement needs
- Inadequate oral intakeSupplemental nutrition

Important Notes: NOT FOR PARENTERAL USE.
This product is not intended as a sole source of

Nutritionally appropriate for ages 4 years and older, including teens and adults.

Allergens

By Nature:

Nutrition Facts

1 Serving Per Container Serving Size			266mL
Amount Per Serving			_
Calories			220
		%	Daily Value*
Total Fat Og			0%
Saturated Fat 0g			0%
Trans Fat 0g			o
Cholesterol 10mg			3%
Sodium 210mg			9%
Total Carbohydrate 41g			15%
Dietary Fiber 0g			0%
Total Sugars 27g			
Includes 8g of Added Sugars			16%
Protein 13g			26%
Vitamin D 9.9mcg	50%	Calcium 500mg	40%
Iron 3.6mg	20%	Potassium 600mg	15%
Vitamin A 200mcg	20%	Vitamin C 90mg	100%
Vitamin E 3mg	20%	Vitamin K 35mcg	30%
Thiamin 0.41mg	35%	Riboflavin 0.65mcg	50%
Niacin 3.2mg	20%	Vitamin B6 0.41mg	25%
Folate 100mcg DFE (60mcg Folic Acid)	25%	Vitamin B12 1.52mcg	60%
Biotin 8mcg	25%	Pantothenic Acid 1.8mg	35%
Phosphorus 480mg	40%	Iodine 20mcg	15%
Magnesium 105mg	25%	• Zinc 2.2mg	20%
Selenium 11mcg	20%	Copper 0.23mg	25%
Manganese 0.61mg	20%	Chromium 5mcg	15%
Molybdenum 10mcg	20%	Chloride mg	
Choline 60mg	10%	Water mL	
* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day used for general nutrition advice.			2,000 calories a day is

Suitable Diets

Kosher

Important Notes:



Ingredients

NONFAT MILK, MALTODEXTRIN, SUGAR, VITAMINS AND MINERALS; AND LESS THAN 2% OF LACTOSE, CELLULOSE GUM, NATURAL FLAVOR, SALT

IVITAMINS AND MINERALS: CALCIUM PHOSPHATE, MAGNESIUM HYDROXIDE, SODIUM ASCORBATE, CHOLINE BITARTRATE, DL-ALPHA TOCOPHERYL ACETATE, FERRIC PHOSPHATE, NIACINAMIDE, MANGANESE SULFATE, COPPER GLUCONATE, ZINC OXIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, VITAMIN A PALMITATE, RIBOFLAVIN, FOLIC ACID, VITAMIN K1, CHROMIUM CHLORIDE, SODIUM MOLYBDATE, VITAMIN D3, BIOTIN

DRI Coverage

Product Codes

	Carnation Breakfast Essentials* Nutritional Powder Drink Mix Classic French Vanilla 6 x 10 x 1.26 oz
NDC-Format Number	
Case UPC	10050000530622
Each UPC	00050000530625
Product Code	12495546