



C<sup>3</sup>

Male Continence Device

U. S. Patent No. 5,184,629 and related global patents. C<sup>3</sup> is a registered trademark of Personal Medical Corp.

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*advancing pelvic health<sup>®</sup>*

C<sup>3</sup><sup>®</sup>

Male Continence Device



A Solution  
That Offers  
Comfort,  
Control  
and  
Confidence

  
**personalmed**  
*advancing pelvic health<sup>®</sup>*



## Male Continence Device

*With a unique design that fits your anatomy*

*A Discreet and  
Effective way to  
Prevent or Decrease  
Urine Leakage*



### Comfort with C<sup>3</sup>

The contoured, cradle-like design and elastic strap of the C<sup>3</sup> minimizes excessive pressure by distributing the radial force evenly around the penis. Carefully chosen materials also enhance your comfort... soft foam wrapped in supple plastic.

Available in two sizes, the C<sup>3</sup> offers a customized fit for even greater comfort.



### Control with C<sup>3</sup>

When the C<sup>3</sup> is placed on the penis, a urethral occlusion pad presses on the urethra. While this localized pressure prevents the involuntary loss of urine, the flow of blood is unimpeded to assure your safety.

### Confidence with C<sup>3</sup>

So compact, the C<sup>3</sup> is easy to conceal. The elastic strap holds the device in position, allowing you to go about your daily routine without concern about the C<sup>3</sup> shifting.

Proper hygiene never has to be a concern either. The disposable C<sup>3</sup> is reasonably priced, so you can replace the device at regular intervals. The C<sup>3</sup> is a more economical choice than absorbent products.

The C3 Male Continence Device must be prescribed by a physician. Please ask your doctor to complete and sign the Prescribing Physician Information form.



## Easy to Use

Here's how it works: Unfasten the strap on a flat device and place your penis through the opening. The foam side should face in and the strap should be on top.



Fold the device towards your body to close it around your penis. (The hinges where the device sticks out should be **AWAY** from the body and the section with the bump should be underneath your penis.) Position the device an inch or so away from your body before tightening the strap.



## Choose the Size that's Right for You

The C3 device comes in three sizes. Follow these instructions to determine the size that's right for you:

1. Use a flexible tape measure.
2. Measure only a non-erect penis.  
For best results, conduct sizing when your body is at room temperature. For example, don't conduct the sizing immediately after a shower.
3. Wrap the tape measure *around* your penis, one to two inches from the body. (Do not measure the length.)
4. When the tape measure is snug around your penis, read the number in inches. Do not pull tightly.
5. Use the number of inches around to determine your size before ordering:  
Small = less than 2½ inches (6 cm) around  
Regular = 2½-4 inches (6-10 cm) around  
Large = 4-5½ inches (10-14 cm) around

  
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