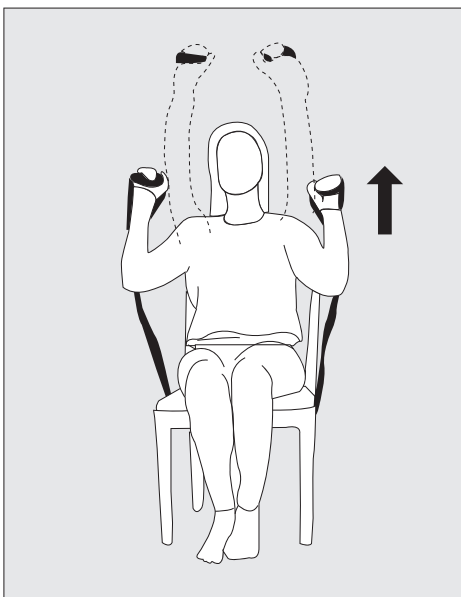


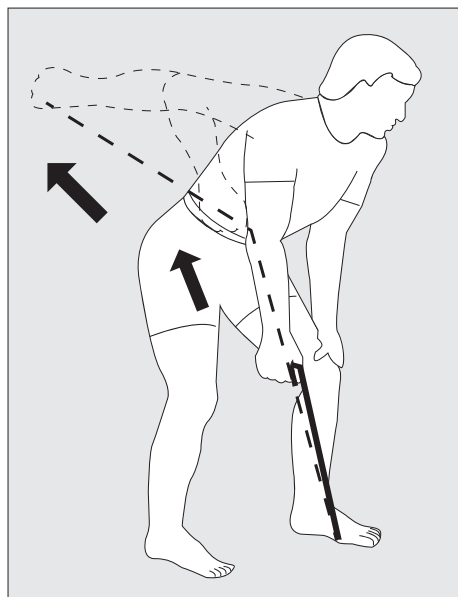
McKESSON

Exercise Bands

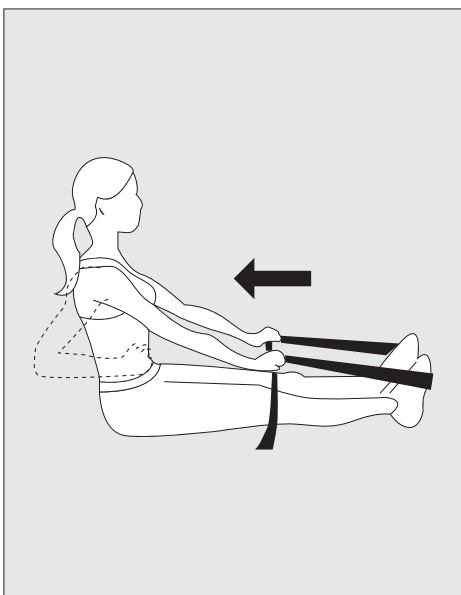
4 ESSENTIAL RESISTANCE BAND EXERCISES



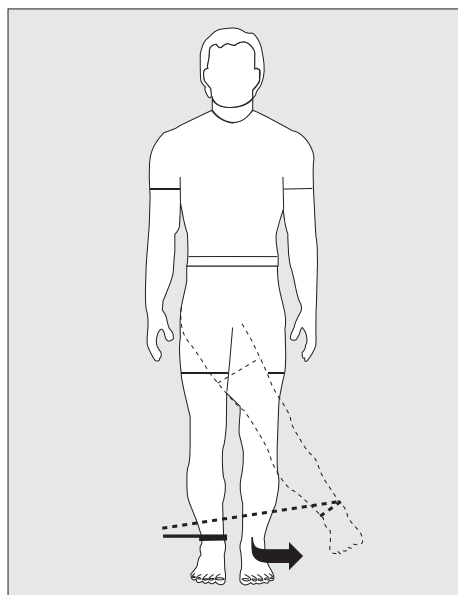
Seated Overhead Press



Elbow Kick Back



Seated Row



Hip Adduction