

Glucerna® Therapeutic Nutrition Shake

Therapeutic nutrition for people with diabetes

GLUCERNA® THERAPEUTIC NUTRITION SHAKE has CARBSTEADY®, including low-glycemic carbohydrates designed to help minimize blood glucose response.*A great choice for patients who are trying to manage blood sugar response.*For oral use only. Use under medical supervision as part of a diabetes management plan.

* Designed to help minimize the blood sugar spike from consuming Glucerna® compared to high-glycemic carbohydrates.



Features

- Glucerna Therapeutic Nutrition Shake contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles. 1,2,3
- 24 essential vitamins and minerals in 8 fl oz.
- 1 g scFOS/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- Antioxidant vitamins C and E to help protect against cell damage.
- Gluten-free.
- Halal.
- Kosher.
- Suitable for lactose intolerance.

1• Eckel R, et al. Circulation. 2014;129:S76-S99.

2• Lichtenstein A, et al. 2021. Circulation. 2021; 144:e472-e487. DOI: 10.1161/CIR.0000000000001031

3• American Diabetes Association. Diabetes Care 2024;47(Suppl. 1):S77-S110

Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item Description
64925	Glucerna Therapeutic Nutrition Shake Creamy Strawberry / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Creamy Strawberry Liquid: Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Potassium Citrate, Magnesium Phosphate, Natural and Artificial Flavor, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	5	2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	14
Protein, g	10	20
Vitamin D, mcg	10	50
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25

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Nutrient	8 fl oz (237 mL)	
	Value	%DV
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Choline		25
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25
Selenium		20
Copper		25
Manganese		25
Chromium		50
Molybdenum		40
Chloride		10

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.



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Availability

List Number	Item Description
64929	Glucerna Therapeutic Nutrition Shake Rich Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Rich Chocolate Liquid: Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Cocoa Powder (Processed with Alkali), Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Short-chain Fructooligosaccharides, Soy Fiber, Magnesium Phosphate, Potassium Citrate, Salt, Natural & Artificial Flavors, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Carbonate, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Carrageenan, Cellulose Gum, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Sucralose, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Chromium Chloride, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	14
Protein, g	10	20
Vitamin D, mcg	10	50
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25

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Nutrient	8 fl oz (237 mL)	
	Value	%DV
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Choline		25
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25
Selenium		30
Copper		25
Manganese		25
Chromium		50
Molybdenum		40
Chloride		10

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Availability

List Number	Item Description
64922	Glucerna Therapeutic Nutrition Shake Homemade Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Homemade Vanilla Liquid: Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavors, Potassium Citrate, Magnesium Phosphate, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	5	2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	14
Protein, g	10	20
Vitamin D, mcg	10	50
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25

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Nutrient	8 fl oz (237 mL)	
	Value	%DV
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Choline		25
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25
Selenium		20
Copper		25
Manganese		25
Chromium		50
Molybdenum		40
Chloride		10

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