

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Complete, Balanced Nutrition®

PEDIASURE GROW & GAIN is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age. May be used as the sole source of nutrition or as a supplement. For oral or tube feeding. Use under medical supervision.



Features

- Clinically proven * to help kids grow. 1,2,3,4,5,6
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

4• Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

5• Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67523

Item Description

PediaSure Grow & Gain TN Chocolate / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Chocolate Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Cocoa Powder (Processed with Alkali), Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Phosphate, Potassium Citrate, Potassium Phosphate, Potassium Chloride, Calcium Carbonate, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Cellulose Gel, Natural & Artificial Flavors, Tuna Oil*, Salt, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	287	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	12	
Molybdenum, mcg	9	



Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

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Features

- Clinically proven * to help kids grow. 1,2,3,4,5,6
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

4• Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

5• Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67525

Item Description

PediaSure Grow & Gain TN Strawberry / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Strawberry Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Carbonate, Potassium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavors, Cellulose Gel, Tuna Oil*, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Salt, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	287	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	9	
Molybdenum, mcg	9	



Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

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Features

- Clinically proven * to help kids grow. 1,2,3,4,5,6
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

4• Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

5• Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67522

Item Description

PediaSure Grow & Gain TN Vanilla / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Vanilla Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Carbonate, Potassium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavors, Cellulose Gel, Tuna Oil*, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Salt, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	297	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	9	
Molybdenum, mcg	9	

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

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Features

- Clinically proven * to help kids grow. 1,2,3,4,5,6
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

4• Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

5• Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67527

Item Description

PediaSure Grow & Gain TN Banana / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Banana Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Carbonate, Potassium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavors, Cellulose Gel, Tuna Oil*, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Salt, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	286	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	9	
Molybdenum, mcg	9	



Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

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Features

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- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

4• Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

5• Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67525

Item Description

PediaSure Grow & Gain TN Strawberry / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Strawberry Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Carbonate, Potassium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavors, Cellulose Gel, Tuna Oil*, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Salt, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	287	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	9	
Molybdenum, mcg	9	



Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Complete, Balanced Nutrition®

PEDIASURE GROW & GAIN is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age. May be used as the sole source of nutrition or as a supplement. For oral or tube feeding. Use under medical supervision.



Features

- Clinically proven * to help kids grow. 1,2,3,4,5,6
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

4• Morales E, et al. J Am Diet Assoc. 1991;91:1233-1238.

5• Ramstack M, et al. JPEN J Parenter Enteral Nutr. 1991;15:89-92.

6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67523

Item Description

PediaSure Grow & Gain TN Chocolate / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Chocolate Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Cocoa Powder (Processed with Alkali), Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Phosphate, Potassium Citrate, Potassium Phosphate, Potassium Chloride, Calcium Carbonate, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Cellulose Gel, Natural & Artificial Flavors, Tuna Oil*, Salt, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	287	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	12	
Molybdenum, mcg	9	



Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Complete, Balanced Nutrition®

PEDIASURE GROW & GAIN is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age. May be used as the sole source of nutrition or as a supplement. For oral or tube feeding. Use under medical supervision.



Features

- Clinically proven * to help kids grow. 1,2,3,4,5,6
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes. 7,8
- #1 Pediatrician-recommended brand.
- No artificial growth hormones. †
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

* Studied in children with/or at risk for undernutrition, 2 servings per day.

1• Akram DS, et al. J Pak Med Assoc. 2000;50:377-380.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

2• Alarcon PA, et al. Clin Pediatr. 2003;42:209-217.

3• Fisberg M, et al. Int Pediatr. 2002;17:216-222.

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6• Huynh DT, et al. J Am Hum Nutr Diet. 2015;28:623-635.

7• Lauritzen L, et al. Prog Lipid Res. 2001;40:1-94.

8• Krinsky NI, et al. Annu Rev Nutr. 2003;23:171-201.

Safety Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List Number

67522

Item Description

PediaSure Grow & Gain TN Vanilla / 8 fl oz (237 mL) Can / 24 ct

Ingredients

Vanilla Liquid: Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Calcium Carbonate, Potassium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavors, Cellulose Gel, Tuna Oil*, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Salt, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Protein, g	7	
Fat, g	9	
Saturated Fat, g	1.5	
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	5	
Carbohydrate, g	33	
Dietary Fiber, g	<1	
Total Sugars, g	9	
Added Sugars, g	8	
L-Carnitine, mg	4.0	

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Taurine, mg	18	
Water, g	200	
Calories	240	
Potential Renal Solute Load, mOsm/L	297	
Vitamin A, mcg RAE	140	
Vitamin D, mcg	6.0	
Vitamin E, mg	3.0	
Vitamin K, mcg	18	
Vitamin C, mg	23	
Folate, mcg DFE	60	
Folic Acid, mcg	36	
Thiamin (Vitamin B1), mg	0.30	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.34	
Vitamin B12, mcg	0.48	
Niacin, mg NE	3.2	
Choline, mg	80	
Biotin, mcg	8	
Pantothenic Acid, mg	1.3	
Inositol, mg	20	
Sodium, mg	90	
Potassium, mg	470	
Chloride, mg	230	
Calcium, mg	330	
Phosphorus, mg	250	
Magnesium, mg	40	
Iodine, mcg	23	
Manganese, mg	0.46	
Copper, mg	0.14	
Zinc, mg	1.7	
Iron, mg	2.7	
Selenium, mcg	8	
Chromium, mcg	9	
Molybdenum, mcg	9	



Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Store unopened at room temperature.
- Cans only - clean top of container thoroughly before opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Preparation

Tube Feeding: Follow physician's instructions for flow rate, volume, dilution and need for additional fluids.