

Boost® Very High Calorie Nutritional Drink Very Vanilla

Key Benefits

- The highest calorie Boost® nutritional drink providing 2.24 kcal/mL with 530 Calories per 8 fl oz serving
- Combines high calories with 22 g high-quality protein to help gain or maintain weight
- 26 vitamins and minerals including calcium and vitamin D to support strong bones
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- Suitable as a high calorie, high protein snack or with a meal

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutritional Features

	Boost® Very High Calorie Nutritional Drink Very Vanilla
kcal/mL	2.24
Caloric Distribution Protein (% of kcal)	Protein 17% Carbohydrate 39% Fat 44%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	12
Calcium (mEq)	13
Potassium (mEq)	11
Chloride (mEq)	8
NPC:N Ratio	126:1
MCT:LCT Ratio	
n6:n3 Ratio	2.5:1
Free Water (%)	67
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	950
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient

Sources

Protein Source

- Acid Casein (From Milk)
- Soy Protein Isolate

Fat Source

- Canola Oil

Carbohydrate Source

- Glucose Syrup
- Sugar

Fiber Source

Nutritional

Applications

- Inadequate oral intake
- Increased energy needs
- Weight gain or maintenance
- Fluid restriction
- Volume sensitivity
- Malnutrition

Important Notes: NOT FOR PARENTERAL USE.

Allergens

By Nature:
Milk, Soy

Nutrition Facts

1 Serving Per Container

Serving Size

237mL

Amount Per Serving

Calories

530

% Daily Value*

Total Fat 26g

33%

Saturated Fat 2g

10%

Trans Fat 0g

0

Cholesterol 5mg

2%

Sodium 280mg

12%

Total Carbohydrate 52g

19%

Dietary Fiber 0g

0%

Total Sugars 13g

Includes 13g of Added Sugars

26%

Protein 22g

44%

Vitamin D 12mcg

60%

• Calcium 250mg

20%

Iron 6.3mg

35%

• Potassium 420mg

8%

Vitamin A 520mcg

60%

• Vitamin C 60mg

70%

Vitamin E 7.5mg

50%

• Vitamin K 60mcg

50%

Thiamin 0.6mg

60%

• Riboflavin 0.6mcg

45%

Niacin 8mg

50%

• Vitamin B6 0.8mg

45%

Folate 200mcg DFE
(120mcg Folic Acid)

50%

• Vitamin B12 1.2mcg

50%

Biotin 15mcg

50%

• Pantothenic Acid 2.5mg

50%

Phosphorus 250mg

20%

• Iodine 60mcg

40%

Magnesium 80mg

20%

• Zinc 5.5mg

50%

Selenium 28mcg

50%

• Copper 0.45mg

50%

Manganese 1.1mg

50%

• Chromium 18mcg

50%

Molybdenum 23mcg

50%

• Chloride 300mg

15%

Choline 110mg

20%

• Water 159mL

* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Suitable Diets

- Suitable for lactose intolerance.
- Not for individuals with galactosemia.
- Gluten Free
- Kosher
- Fluid Restricted

Important Notes:



Ingredients

Water, Glucose Syrup, Canola Oil, Acid Casein (From Milk), Soy Protein Isolate, and Less Than 2% Of Sugar, Vitamins and Minerals*, Soy Lecithin, Salt, Natural and Artificial Flavor, Citric Acid, Taurine, Carrageenan

*Vitamins And Minerals: Potassium Citrate, Calcium Citrate, Magnesium Chloride, Sodium Ascorbate, Sodium Phosphate, Potassium Phosphate, Sodium Citrate, Choline Chloride, Magnesium Oxide, Ferrous Sulfate, Zinc Sulfate, Niacinamide, DI-Alpha Tocopheryl Acetate, Calcium Pantothenate, Manganese Sulfate, Vitamin A Palmitate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Folic Acid, Potassium Iodide, Sodium Selenate, Chromium Chloride, Vitamin K1, Biotin, Vitamin D3, Sodium Molybdate, Vitamin B12

DRI

Coverage

Meets or exceeds 100% DRI for 6 key vitamins and minerals: 9 - 13 years old, 237 mL
Meets or exceeds 100% DRI for 17 key vitamins and minerals: Adult (+14 years old), 474

Product Codes

	Boost® Very High Calorie Nutritional Drink Very Vanilla, 24 x 237 mL
HCPCS Code	B4152
NDC-Format Number	43900-0182-15
Case UPC	00043900894348
Each UPC	00043900182155
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