



# Therapy Bench & Accessories

Support At Every Level.

## User Manual

Item #s:

axis  
therapy  
bench

AX1100

AX2100

AX3100

### Accessories

Adjustable backrest  
with laterals

AX8100

Knee Support  
with Abductor

AX8200



# Thank you for purchasing your Axis Therapy Bench.

To safely use and maintain your therapy bench, please read this User Manual carefully before using and save it for future reference. Taking proper care of your therapy bench will ensure longevity and that you fully benefit from its features.

**NOTE:** All adjustments are tool-free for your convenience

## SAFETY

- Never leave child unattended in this product.
- Before use, caregiver should be familiar with the function and adjustments of the bench.
- Complete all positioning adjustments and fasten securely before placing child on the bench.
- The bench is designed for indoor use and should only be used on a flat surface.
- Only use Circle Specialty components and accessories with this product. Failure to do so may put the user at risk and will invalidate the warranty.

## GENERAL USE

Unpack the therapy bench and prepare for use.

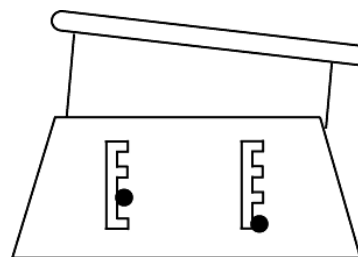
Your Axis Therapy Bench arrives fully assembled and features a cushioned seat and tool-free height and tilt adjustable legs.

## ADJUSTMENTS

### HEIGHT AND TILT ADJUSTMENTS

Loosen the black knobs on each leg and slide the leg sideways until the bolts are in the vertical slots. Adjust the leg up or down to the desired height, then slide it back into the ends of the horizontal slots.

To adjust tilt, move the seat forward or backward to achieve the desired tilt – the front and rear knobs will be at different heights. Tighten all knobs securely.



Tilt Position

### Care and Maintenance

- Inspect the Axis bench regularly and tighten the hardware as necessary.
- Use a slightly damp cloth to clean the bench.
- Do not use strong detergents, abrasive products, or dry-cleaning solvents.
- Do not immerse the bench in water and wipe the dampness from the wood after cleaning it.

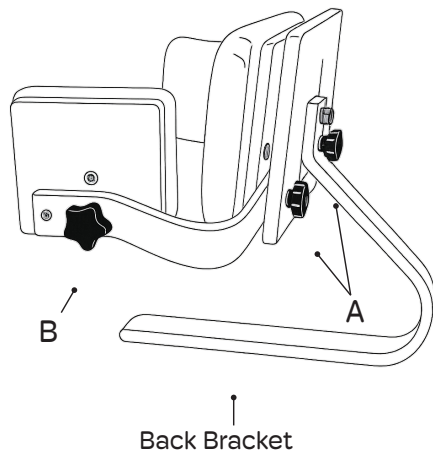
# ACCESSORIES

Accessories provide additional stability and can be used separately or combined.

## ADJUSTABLE BACK SUPPORT WITH LATERALS – AX8100

### Box Content

1. Fully assembled Back Support, Laterals & Back Bracket
2. 1 Large Attachment Block with clamping knob
3. 1 Small Attachment Block
4. 6 short Screw & Washers



### Assembly

**NOTE: Underside of bench is marked Front & Rear.**

**For use with AX1100** – Align the four holes of the large attachment block to the four holes of the bench. Secure the block with the four screws and washers.

**For use with the AX2100 & AX3100** – Align the large attachment block to the four holes closer to the **Rear** of the bench. Align the two holes of the small attachment block to the two holes closer to the **Front** of the bench. Secure the block with the two screws and washers. **BOTH ATTACHMENT BLOCKS MUST BE USED FOR THESE MODELS.**

Slide the Back Bracket into the large attachment block and use the clamping knob to secure in place.

### Adjustments

Adjust Back Support depth to allow for 2/3 of user's thigh to rest on seat cushion.

Adjust the Back Support height to provide for lower back support to assist sitting with a straight spine. Adjust the Laterals to assist with upright posture and to prevent spine from bending to the side.

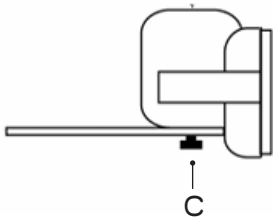
**Depth** – on the underside of bench, loosen clamping knob that secures the Back Support in place and slide the Back Support forward or backward to desired location. Retighten clamping knob.

**Back Support Height** – Loosen the two knobs ( A ) on the back of the back support. Raise or lower the Back Support to achieve proper lower-back support. Retighten both knobs securely.

**Lateral Height & Width Adjustment** – Loosen the two knobs ( A ) on the back of the back support and raise or lower the Laterals to desired location to achieve upright posture. While the knobs are loosened, move the Laterals inward/outward to desired width. Retighten both knobs securely.

**Lateral Pad Height Position** – Remove knob ( B ) on the outside of the Lateral pad, remove Lateral Pad and place above or below the side aluminum bars to set to the preferred height. Shorter bolt should protrude in one hole and thread the knob onto the longer bolt to secure the cushion in place. Reinstall knob and tighten securely.

## Knee Support with Abductor – AX8200



### Box Content

5. Fully assembled Knee Blocks, Abductor & Knee Support Bracket
6. 1 Small Attachment Block with clamping knob
7. 2 large Screws
8. 2 small Screws
9. 2 Washers

### Assembly

Align the two holes of the small attachment block to the two holes closer to the **Front** of the bench. Secure the block with the two small screws and washers.

Slide the Knee Support Bracket into the small attachment block and use the clamping knob to secure in place.

#### For use with Back Support

Remove the small screws from the Back Support attachment block (on the **Front** side) and place Knee Support attachment block beneath the Back Support attachment block. Secure the blocks with the two large screws and washers and use the clamping knob to secure in place.

Slide the Knee Support Bracket into the small attachment block and use the clamping knob to secure in place.

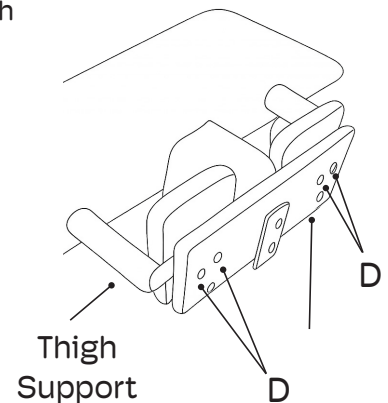
### Adjustments

**Knee Support Depth** – on the underside of bench, loosen clamping knob that secures the Knee Support in place and position Knee Support in or out to desired location. Tighten clamping knob.

**Abductor Depth** – Remove knob (C) beneath the Knee Support Bracket, position the Abductor as desired. Reinstall the knob and tighten to secure.

**Thigh Support Width** – Loosen the two screws (D) and slide thigh supports outward or inward to desired position. Tighten screws to secure in place.

**Note: do not remove screws**



### TWO YEAR LIMITED WARRANTY

- This warranty is solely for the benefit of the original consumer purchaser and is in effect from date of purchase.
- Circle Specialty Inc. warrants that the Axis Therapy Bench will be free from defect for a period of two (2) years.
- The warranty does not extend to non-durable components or any components that are subject to standard wear and tear.
- This warranty does not cover device failure due to owner misuse or negligence. It only applies when product is used according to the specified conditions and for the intended purposes.
- If within the warranty period any such product shall be proved defective, such product will be repaired or replaced at Circle Specialty's option.
- If you have a question about your Circle Specialty therapy bench or this warranty, please contact an authorized dealer.



**Circle Specialty, Inc**