

Carnation Breakfast Essentials® Nutritional Powder Drink Mix Strawberry Sensation

Key Benefits

- Mix powder with 8 fl oz skim milk for a delicious nutritional drink with 220 calories
- 13 g protein* to support growth, and help build and maintain muscle
- 21 vitamins and minerals*, including calcium and vitamin D to help build strong bones
- Excellent source of vitamins C and D, key nutrients for immune support
- For smoothie ideas and easy breakfast recipes visit www.CarnationBreakfastEssentials.com

Notes & Disclaimers for Key Benefits (Healthcare Professionals)
*When prepared as directed with 1 cup skim milk.

Nutritional Features

	Carnation Breakfast Essentials® Nutritional Powder Drink Mix Strawberry Sensation
kcal/mL	0.8
Caloric Distribution Protein (% of kcal)	Protein 25% Carbohydrate 75% Fat 0%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	10
Calcium (mEq)	25
Potassium (mEq)	15
Chloride (mEq)	
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source
• Nonfat Milk

Fat Source

Carbohydrate Source

- Nonfat Milk
- Maltodextrin
- Sugar
- Lactose

Fiber Source

Nutritional Applications

- General oral supplement needs
- Inadequate oral intake
- Supplemental nutrition

Important Notes: **NOT FOR PARENTERAL USE.**
This product is not intended as a sole source of nutrition.
Nutritionally appropriate for ages 4 years and older, including teens and adults.

Allergens

By Nature:
Milk

Nutrition Facts

1 Serving Per Container

Serving Size

266mL

Amount Per Serving

Calories

220

% Daily Value*

Total Fat 0g

0%

Saturated Fat 0g

0%

Trans Fat 0g

0

Cholesterol 10mg

3%

Sodium 220mg

10%

Total Carbohydrate 40g

15%

Dietary Fiber 0g

0%

Total Sugars 28g

Includes 8g of Added Sugars

16%

Protein 13g

26%

Vitamin D 9.9mcg

50%

• Calcium 500mg

40%

Iron 3.6mg

20%

• Potassium 600mg

15%

Vitamin A 200mcg

20%

• Vitamin C 90mg

100%

Vitamin E 3mg

20%

• Vitamin K 35mcg

30%

Thiamin 0.41mg

35%

• Riboflavin 0.65mcg

50%

Niacin 3.2mg

20%

• Vitamin B6 0.41mg

25%

Folate 100mcg DFE
(60mcg Folic Acid)

25%

• Vitamin B12 1.52mcg

60%

Biotin 8mcg

25%

• Pantothenic Acid 1.8mg

35%

Phosphorus 480mg

40%

• Iodine 20mcg

15%

Magnesium 105mg

25%

• Zinc 2.2mg

20%

Selenium 11mcg

20%

• Copper 0.23mg

25%

Manganese 0.61mg

20%

• Chromium 5mcg

15%

Molybdenum 10mcg

20%

• Chloride mg

Choline 60mg

10%

• Water mL

* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Suitable Diets

- Kosher

Important Notes:

Ingredients

NONFAT MILK, MALTODEXTRIN, SUGAR, LACTOSE, VITAMINS AND MINERALS†, AND LESS THAN 2% OF CELLULOSE GUM, BEET JUICE (COLOR), NATURAL FLAVOR, CITRIC ACID, SALT

†VITAMINS AND MINERALS: CALCIUM PHOSPHATE, MAGNESIUM HYDROXIDE, SODIUM ASCORBATE, CHOLINE BITARTRATE, DL-ALPHA TOCOPHERYL ACETATE, FERRIC PHOSPHATE, NIACINAMIDE, MANGANESE SULFATE, COPPER GLUCONATE, ZINC OXIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, VITAMIN A PALMITATE, RIBOFLAVIN, FOLIC ACID, VITAMIN K1, CHROMIUM CHLORIDE, SODIUM MOLYBDATE, VITAMIN D3, BIOTIN

DRI

Coverage

Product Codes

	Carnation Breakfast Essentials® Nutritional Powder Drink Mix Strawberry Sensation 6 x 10 x 1.26 oz
NDC-Format Number	
Case UPC	00050000486502
Each UPC	00050000504909
Product Code	12495545

