

Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

GLUCERNA HUNGER SMART SHAKE is a delicious meal or snack replacement to help manage blood sugar response* and has protein to help manage hunger. Can be used as a meal or snack replacement, to help manage blood sugar response* and has protein to help manage hunger. Use under medical supervision as part of a diabetes management plan.

* Designed to help minimize the blood sugar spike from consuming Glucerna® compared to high-glycemic carbohydrates.



Features

- Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- Glucerna® is the #1 Doctor recommended nutrition brand for people with diabetes. ¹
- Contains 15 g of protein to help you manage hunger and 4-6 g of fiber. [†]
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown [‡] to help minimize blood sugar spikes compared to instant oatmeal. ³
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

¹• Data on file. Abbott Nutrition, November, 2024.

[†]• Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz

²• Data on file: BL60. Abbott Nutrition, 2022.

[‡]• A study showed that Glucerna Hunger Smart, when consumed alone, resulted in a minimized blood sugar response compared to that from instant oatmeal over 4 hours in people with diabetes.

³• Thomas S, Besecker B, Choe Y. Postprandial glycemic response to three diabetes specific formulas compared to instant oatmeal in adults with Type 2 Diabetes. JPEN JPparenter Enteral Nutr. 2023;47(suppl 2): S71-S246. Selected abstracts from the ASPEN Nutrition Science & Practice Conference (ASPEN23 2023).

Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item Description
68606	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 4 x 6 ct
67806	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 24 ct

Ingredients

Peaches & Crème Liquid: Water, Milk Protein Concentrate. Less than 2% of: Canola Oil, Fructose, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Soluble Corn Fiber, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Natural and Artificial Flavors, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Monoglycerides, Soy Lecithin, Cellulose Gum, Calcium Phosphate, Carrageenan, Sucralose, Salt, Magnesium Chloride, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Phylloquinone, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	14	5
Dietary Fiber, g	4	14
Total Sugars, g	6	
Added	6	11

Glucerna Hunger Smart® Shake

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Sugars, g		
Protein, g	15	30
Vitamin D, mcg	12	60
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Choline		25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		25
Manganese		20
Chromium		50
Molybdenum		40
Chloride		10

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

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Features

- Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- Glucerna® is the #1 Doctor recommended nutrition brand for people with diabetes. ¹
- Contains 15 g of protein to help you manage hunger and 4-6 g of fiber. [†]
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown [‡] to help minimize blood sugar spikes compared to instant oatmeal. ³
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

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[†]• Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz

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Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item Description
68608	Glucerna Hunger Smart Classic Strawberry / 10 fl oz (296 mL) Bottle / 4 x 6 ct

Ingredients

Classic Strawberry Liquid: Water, Milk Protein Concentrate. Less than 2% of: Canola Oil, Fructose, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Soluble Corn Fiber, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Cellulose Gel, Natural & Artificial Flavors, Soy Fiber, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Monoglycerides, Soy Lecithin, Cellulose Gum, Calcium Phosphate, Carrageenan, Sucralose, Salt, Magnesium Chloride, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Phylloquinone, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	14	5
Dietary Fiber, g	4	14
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30

Glucerna Hunger Smart® Shake

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Vitamin D, mcg	12	60
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Choline		25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		25
Manganese		20
Chromium		50
Molybdenum		40
Chloride		10

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Preparation

Instructions for Use:

- Shake well. Best served chilled.
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- Contains 15 g of protein to help you manage hunger and 4-6 g of fiber. [†]
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown [‡] to help minimize blood sugar spikes compared to instant oatmeal. ³
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

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Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number

Item Description

68607

Glucerna Hunger Smart Classic Vanilla / 10 fl oz (296 mL) Bottle / 4 x 6 ct

Ingredients

Classic Vanilla Liquid: Water, Milk Protein Concentrate. Less than 2% of: Canola Oil, Fructose, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Soluble Corn Fiber, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Natural & Artificial Flavors, Sodium Citrate, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Monoglycerides, Soy Lecithin, Cellulose Gum, Calcium Phosphate, Carrageenan, Sucralose, Salt, Magnesium Chloride, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Phylloquinone, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	14	5
Dietary Fiber, g	4	14
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30

Glucerna Hunger Smart® Shake

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Vitamin D, mcg	12	60
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Choline		25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		25
Manganese		20
Chromium		50
Molybdenum		40
Chloride		10

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Availability

List Number	Item Description
68604	Glucerna Hunger Smart Classic Chocolate / 10 fl oz (296 mL) Bottle / 4 x 6 ct
67198	Glucerna Hunger Smart Classic Chocolate / 10 fl oz (296 mL) Bottle / 12 ct

Ingredients

Classic Chocolate Liquid: Water, Milk Protein Concentrate, Cocoa Powder (Processed with Alkali), Fructose. Less than 2% of: Canola Oil, Soluble Corn Fiber, Soy Protein Isolate, Calcium Caseinate, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Cellulose Gel, Soy Fiber, Natural & Artificial Flavors, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Calcium Phosphate, Monoglycerides, Soy Lecithin, Sucralose, Cellulose Gum, Salt, Magnesium Chloride, Carrageenan, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Gellan Gum, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Phylloquinone, Sodium Selenate, Chromium Chloride, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1.5	7
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	16	6
Dietary Fiber, g	6	21
Total Sugars, g	6	
Added	6	11

Glucerna Hunger Smart® Shake

Nutrient	10 fl oz (296 mL)	
	Value	%DV
Sugars, g		
Protein, g	15	30
Vitamin D, mcg	12	60
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Choline		25
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	610	15
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		60
Manganese		35
Chromium		100
Molybdenum		40
Chloride		10

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