

Ensure® Plus Therapeutic Nutrition

Complete, balanced nutrition to help gain or maintain a healthy weight

ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. It can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss. For oral use. For interim sole-source nutrition. Use under medical supervision.



Features

- Complete, Balanced Nutrition®.
- 27 vitamins and minerals.
- 40% more calories than Ensure Original Therapeutic Nutrition (350 vs 250 Cal/8 fl oz).
- 40% DV of vitamin D in 8 fl oz to support bone health.
- Concentrated calories (1.5 Cal/mL) and an excellent source of protein (13 g/8 fl oz).
- Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 40% of 1.6 g DV) to support heart health.
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item Description
64905	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
58303	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 24 ct

Ingredients

Vanilla Liquid: Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Sodium Citrate, Calcium Carbonate, Choline Chloride, Potassium Chloride, Potassium Hydroxide, Ascorbic Acid, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Calcium Phosphate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural and Artificial Flavor, Nonfat Milk, Soy Lecithin, Cellulose Gel, Salt, Cellulose Gum, and Carrageenan.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Calories	350	
Total Fat, g	11	14
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	210	9
Total Carbohydrate, g	50	18
Dietary Fiber, g	0	0
Total Sugars, g	20	
Added Sugars, g	20	40
Protein, g	13	26
Vitamin D, mcg	8	40
Vitamin A		25
Vitamin C		50
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25

Ensure® Plus Therapeutic Nutrition

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Niacin		45
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Choline		25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	470	10
Phosphorus		15
Iodine		25
Magnesium		20
Zinc		30
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25
Chloride		10

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

8 fl oz Container

- Shake well. Serve cold.
- After opened, reclose, refrigerate and use within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.



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Availability

List Number	Item Description
64911	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct
58299	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8 fl oz (237 mL) Bottle / 24 ct

Ingredients

Milk Chocolate Liquid: Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Cocoa Powder (Processed with Alkali). Less than 0.5% of: Vitamins & Minerals (Sodium Citrate, Magnesium Phosphate, Potassium Citrate, Calcium Carbonate, Potassium Chloride, Choline Chloride, Potassium Hydroxide, Ascorbic Acid, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Nonfat Milk, Natural and Artificial Flavor, Soy Lecithin, Cellulose Gel, Salt, Cellulose Gum, and Carrageenan.

Contains milk and soy ingredients.

Nutrition Information

Nutrient	8 fl oz (237 mL)	
	Value	%DV
Calories	350	
Total Fat, g	11	14
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	210	9
Total Carbohydrate, g	51	19
Dietary Fiber, g	1	4
Total Sugars, g	22	
Added Sugars, g	22	44
Protein, g	13	26
Vitamin D, mcg	8	40
Vitamin A		25
Vitamin C		50
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25

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Nutrient	8 fl oz (237 mL)	
	Value	%DV
Niacin		50
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Choline		25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	470	10
Phosphorus		15
Iodine		25
Magnesium		20
Zinc		30
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25
Chloride		10

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