Thickenup® Clear, Unflavored

Key Benefits

- Clinically shown to improve swallowing safety by reducing the risk of aspiration compared to thin liquid in dysphagia patients (1)
- Suitable for use with the IDDSI Framework © The International Dysphagia Diet Standardisation Initiative 2019
 @https://iddsi.org/framework. Refer to www.IDDSI.org for drink testing methods (2 Mildly Thick, 3 Moderately Thick, 4 Extremely Thick)
- Maintains its prepared viscosity in the presence of salivary amylase
- Easy-to-prepare in many types of liquids*
- More concentrated; less powder required than starch-based thickeners
- Remains clear not cloudy
- Lump free, tasteless, and odorless
- Made with xanthan gum
- Patented production process
- Recipes available at www.ThickenUpClear.com

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

1. Leonard R.J, et. J Acad Nutr Diet. 2014;114:590-594.

Boost Breeze Nutritional Drink does not thicken when using ThickenUp* Clear

Nutritional Features

	Thickenup® Clear, Unflavored
kcal/mL	
Caloric Distribution Protein (% of kcal)	Protein 0% Carbohydrate 100% Fat 0%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	1
Calcium (mEq)	
Potassium (mEq)	
Chloride (mEq)	
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

Fat Source

Carbohydrate Source

- Maltodextrin
- Xanthan Gum

Fiber Source

Nutritional Applications

• Dysphagia

Important Notes: NOT FOR PARENTERAL USE.
THIS PRODUCT IS ONLY APPROPRIATE FOR USE IN INDIVIDUALS
GREATER THAN 3 YEARS OLD.

Allergens

By Nature:

Nutrition Facts

NUTRIENT COMPOSITION Calories 5 kcal Total Fat 0 g MCT g Sodium 15 mg Potassium 0 mg TOTAL CARBOHYDRATE 1 g Dietary Fiber 0 g Protein 0 g Vitamin A Retinol mcg B-Carotene mcg Vitamin C Calcium 0 mg Iron 0 mg Vitamin B mg Riboflavin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid Vitamin B6 Folic Acid Vitamin B6 Folic Acid Vitamin B12 School g Mcan Mcan Mcan Mcan Mcan Mcan Mcan Mcan	NUTRITION INFORMATION PER 1.4 g				
Total Fat 0 g MCT g Sodium 15 mg Potassium 0 mg TOTAL CARBOHYDRATE 1 g Dietary Fiber 0 g Protein 0 g Vitamin A mcg mcg B-Carotene mcg mcg Vitamin C mg mg Calcium 0 mg Iron 0 mcg Vitamin D 0 mcg Vitamin K mcg mcg Thiamin mg Riboflavin mg Niacin mg vitamin B6 mg Folic Acid mcg mcg	NUTRIENT COMPOSITION	amount			
MCT g Sodium 15 mg Potassium 0 mg TOTAL CARBOHYDRATE 1 g Dietary Fiber 0 g Protein 0 g Vitamin A Tetinol mcg B-Carotene mcg mcg Vitamin C mg mg Calcium 0 mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg mcg Thiamin mg misoflavin Niacin mg mg Vitamin B6 mg Folic Acid mcg	Calories	5	kcal		
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Potassium 0 mg TOTAL CARBOHYDRATE 1 g Dietary Fiber 0 g Protein 0 g Vitamin A Ketinol mcg B-Carotene mcg Witamin C Vitamin C mg Iron 0 mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg mcg	мст		g		
TOTAL CARBOHYDRATE Dietary Fiber Og Protein Og Vitamin A Retinol B-Carotene Witamin C Calcium Omg Iron Omg Vitamin D Omg Vitamin E Witamin K Thiamin Riboflavin Niacin Vitamin B6 Folic Acid	Sodium	15	mg		
Dietary Fiber 0 g Protein 0 g Vitamin A Retinol mcg B-Carotene mcg Vitamin C mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Folic Acid mcg g	Potassium	0	mg		
Protein 0 g Vitamin A Retinol mcg B-Carotene mcg Vitamin C mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Folic Acid mcg Vitamin B6 Vitamin A mcg Folic Acid mcg Retinology Folic Acid mcg	TOTAL CARBOHYDRATE	1	g		
Vitamin A Retinol mcg B-Carotene mcg Vitamin C mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Folic Acid mcg	Dietary Fiber	0	g		
Retinol mcg B-Carotene mcg Vitamin C mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Folic Acid mcg	Protein	0	g		
B-Carotene mcg Vitamin C mg Calcium 0 mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Folic Acid mcg	Vitamin A				
Vitamin C mg Calcium 0 mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mgg	Retinol		mcg		
Calcium 0 mg Iron 0 mg Vitamin D 0 mcg Vitamin E mg mg Vitamin K mcg mg Thiamin mg mg Niacin mg vitamin B6 mg Folic Acid mcg mcg	B-Carotene		mcg		
Iron 0 mg Vitamin D 0 mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg	Vitamin C		mg		
Vitamin D O mcg Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg	Calcium	0	mg		
Vitamin E mg Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg	Iron	0	mg		
Vitamin K mcg Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg	Vitamin D	0	mcg		
Thiamin mg Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg	Vitamin E		mg		
Riboflavin mg Niacin mg Vitamin B6 mg Folic Acid mcg	Vitamin K		mcg		
Niacin mg Vitamin B6 mg Folic Acid mcg	Thiamin		mg		
Vitamin B6 mg Folic Acid mcg	Riboflavin		mg		
Folic Acid mcg	Niacin		mg		
	Vitamin B6		mg		
Vitamin B12 mcg	Folic Acid		mcg		
	Vitamin B12		mcg		
Biotin mcg	Biotin		mcg		
Pantothenic Acid mg	Pantothenic Acid		mg		
Phosphorus mg	Phosphorus		mg		
lodine mcg	lodine		mcg		
Magnesium mg	Magnesium		mg		
Zinc mg	Zinc		mg		
Selenium mcg	Selenium		mcg		
Copper mg	Copper		mg		
Manganese mg	Manganese		mg		
Chromium mcg	Chromium		mcg		
Molybdenum mcg	Molybdenum		mcg		
Chloride mg	Chloride		mg		
Choline mg	Choline		mg		
L-Carnitine mg	L-Carnitine		mg		
Taurine mg	Taurine		mg		
Inositol mg	Inositol		mg		
Water g(mL)	Water		g(mL)		

Suitable Diets

- Lactose-free
- Gluten-free
- KosherHalal

Important Notes:



Ingredients

MALTODEXTRIN, XANTHAN GUM, POTASSIUM CHLORIDE

DRI

Coverage

Product Codes

	Thickenup* Clear, Unflavored 12 x 4.4 oz	Thickenup* Clear, Unflavored 12 x 24 x 1.4 g
HCPCS Code	B4100	B4100
NDC-Format Number	41679-0911-76	43900-0859-79
Case UPC	00041679865972	10043900151936
Each UPC	00041679117620	00043900859798
Product Code	12498403	4390015193