

Thickenup® Clear, Unflavored

Key Benefits

- Clinically shown to improve swallowing safety by reducing the risk of aspiration compared to thin liquid in dysphagia patients (1)
- Suitable for use with the IDDSI Framework © The International Dysphagia Diet Standardisation Initiative 2019 @<https://iddsi.org/framework>. Refer to www.IDDSI.org for drink testing methods (2 - Mildly Thick, 3 - Moderately Thick, 4 - Extremely Thick)
- Maintains its prepared viscosity in the presence of salivary amylase
- Easy-to-prepare in many types of liquids*
- More concentrated; less powder required than starch-based thickeners
- Remains clear - not cloudy
- Lump free, tasteless, and odorless
- Made with xanthan gum
- Patented production process
- Recipes available at www.ThickenUpClear.com

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

1. Leonard RJ, et. J Acad Nutr Diet. 2014;114:590-594.

*Boost Breeze® Nutritional Drink does not thicken when using ThickenUp® Clear

Nutritional Features

	Thickenup® Clear, Unflavored
kcal/mL	
Caloric Distribution Protein (% of kcal)	Protein 0% Carbohydrate 100% Fat 0%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	1
Calcium (mEq)	
Potassium (mEq)	
Chloride (mEq)	
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

Fat Source

Carbohydrate Source

- Maltodextrin
- Xanthan Gum

Fiber Source

Nutritional Applications

- Dysphagia

Important Notes: NOT FOR PARENTERAL USE.

THIS PRODUCT IS ONLY APPROPRIATE FOR USE IN INDIVIDUALS GREATER THAN 3 YEARS OLD.

Allergens

By Nature:

Nutrition Facts

NUTRITION INFORMATION PER 1.4 g

NUTRIENT COMPOSITION	amount	
Calories	5	kcal
Total Fat	0	g
MCT		g
Sodium	15	mg
Potassium	0	mg
TOTAL CARBOHYDRATE	1	g
Dietary Fiber	0	g
Protein	0	g
Vitamin A		
Retinol		mcg
B-Carotene		mcg
Vitamin C		mg
Calcium	0	mg
Iron	0	mg
Vitamin D	0	mcg
Vitamin E		mg
Vitamin K		mcg
Thiamin		mg
Riboflavin		mg
Niacin		mg
Vitamin B6		mg
Folic Acid		mcg
Vitamin B12		mcg
Biotin		mcg
Pantothenic Acid		mg
Phosphorus		mg
Iodine		mcg
Magnesium		mg
Zinc		mg
Selenium		mcg
Copper		mg
Manganese		mg
Chromium		mcg
Molybdenum		mcg
Chloride		mg
Choline		mg
L-Carnitine		mg
Taurine		mg
Inositol		mg
Water		g(mL)

Suitable Diets

- Lactose-free
- Gluten-free
- Kosher
- Halal

Important Notes:

Ingredients

MALTODEXTRIN, XANTHAN GUM, POTASSIUM CHLORIDE

DRI

Coverage

Product Codes

	Thickenup® Clear, Unflavored 12 x 4.4 oz	Thickenup® Clear, Unflavored 12 x 24 x 1.4 g
HCPCS Code	B4100	B4100
NDC-Format Number	41679-0911-76	43900-0859-79
Case UPC	00041679865972	10043900151936
Each UPC	00041679117620	00043900859798
Product Code	12498403	4390015193

