

**WARNING:** This product is not intended for sleeping purposes.

**WARNING:** Follow all instructions carefully and use only as directed. Always consult with your healthcare professional before treating any serious injury or if pain persists beyond treatment with the Kanjo Flex Firm Acupressure Neck Pain Relief Cushion.

**WARNING:** Risks are associated with any exercise program. Please consult with your healthcare professional before performing this or any physical activity

**CAUTION:** This Product Contains Polyurethane Which May Cause Allergic Reactions.

Please visit [www.gokanjo.com/warranties](http://www.gokanjo.com/warranties) for information on our Limited Express Product Warranty.

**Questions? Concerns?**

Please contact us at [support@gokanjo.com](mailto:support@gokanjo.com)  
[www.gokanjo.com](http://www.gokanjo.com)

## Kanjo Flex Firm Acupressure **NECK PAIN RELIEF CUSHION**

---

Welcome to Kanjo, and thank you for your purchase. Kanjo reminds you to make time for you. Relieve pain. Destress. Relax and rejuvenate.

Kanjo Acupressure products have stimulators that target acupressure points to reduce pain throughout the body, much like ancient Eastern methodologies used in acupuncture, but non-invasive and easy to use at home and on the go.

You are on your way to experiencing the benefits of your **Kanjo Flex Firm Acupressure Neck Pain Relief Cushion**, including neck and shoulder pain relief, headache and migraine relief, and neck traction and spinal alignment. Customize the flexibility; choose firm or soft for a perfect fit for you!

# KANJO

Relief for Real Life™



## A few instructions:

- Customize the flexibility; choose firm or soft for a perfect fit for you.
- Choose firm or soft.
  - For firm, place the small insert beneath the cushion.
  - For soft, remove the insert. This makes the cushion more flexible.
- Lie down on the floor or on a bed or couch, and place the Kanjo Flex Firm Acupressure Neck Pain Relief Cushion beneath your neck and upper back. Reference the chart to align the acupressure knobs with pressure points on your body.
- Adjust the Cushion if necessary to maximize comfort.
- Store the Insert beneath the Cushion when not in use.

## A few notes:

If it's your first time using the Neck Cushion, we recommend a 15 minute session to start, followed by longer sessions as you become accustomed to the Cushion.

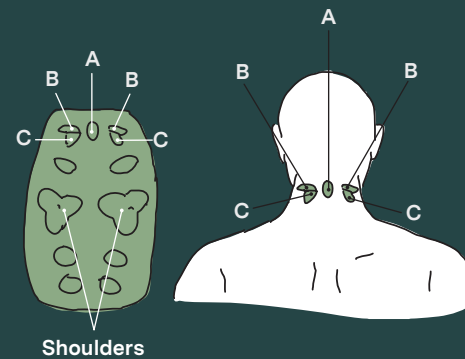
## How do I clean this?:

Wipe clean with water and/or a mild detergent.

## Configurations



## How to use



## Lying on the Flex Firm Neck Cushion



## Components



## Storage (bottom view)

