

Glucerna® 1.5 Cal

For people with diabetes

GLUCERNA 1.5 CAL is a calorically dense formula with CARBSTEADY®, a specialized blend of low glycemic and slowly digestible carbohydrates, designed to help minimize blood glucose response compared to high glycemic carbohydrates.¹ Specialized nutrition for enhanced glycemic management compared to a standard formula.* For patients with type 1 or type 2 diabetes or elevated glucose response. For tube or oral feeding. For supplemental or sole-source nutrition. Use under medical supervision.

* Helps minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
¹ Alish C, et al. Diabetes Technol Ther. 2010;12:419-425.



Features

- Contains a specialized carbohydrate blend which is clinically shown to significantly reduce postprandial blood glucose response and glycemic variability compared to a standard 1.2 Cal formulation in patients with type 2 diabetes.^{1,2}
- 22% of calories from protein to help promote anabolism.
- Contains a fat blend which is within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and polyunsaturated fat and limiting saturated fat to help manage lipid profiles.³⁴
- Provides an excellent source (712 mg of ALA/8 fl oz) of plant-based omega-3 fatty acid alpha linolenic acid (44% of the 1.6 g DV for ALA) to support cardiovascular health.
- At 1.5 Cal/mL, patient needs can be met with less volume.
- Excellent source of antioxidants (Vitamins C, E, and Selenium).
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

¹ Alish C, et al. Diabetes Technol Ther. 2010;12:419-425.
² Data on File: Study BK06 Part B. Abbott Nutrition, 2008.
³ American Diabetes Association. Diabetes Care 2024;47(Suppl. 1):S77–S110
⁴ Lichtenstein A, et al. 2021. Circulation. 2021; 144:e472–e487. DOI: 10.1161/CIR.0000000000001031

Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64920	Glucerna 1.5 Cal Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Vanilla Liquid

Water, Sodium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucromalt, Short-chain Fructooligosaccharides, Glycerin. Less than 0.5% of: Soluble Corn Fiber, Potassium Citrate, Calcium Caseinate, Oat Fiber, Soy Fiber, Magnesium Chloride, Natural & Artificial Flavors, Calcium Phosphate, Soy Lecithin, Sodium Citrate, Inositol, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Chromium Chloride, L-Carnitine, Taurine, dl-Alpha-Tocopheryl Acetate, Salt, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Sodium Molybdate, Phylloquinone, Potassium Iodide, Sodium Selenate, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

8 fl oz (237 mL)	
Value	%DV

Protein, g	19.6	
Fat, g	17.8	
Saturated Fat, g	1.5	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	12.5	
Carbohydrate, g	31.5	
Dietary Fiber, g	3.8*	
Total Sugars, g	15	
Added Sugars, g	15	
L-Carnitine, mg	51	
Taurine, mg	40	
Inositol, mg	205	
Water, mL	180	
Calories	356	
Vitamin A, mcg RAE	280†	
Vitamin D, mcg	5	
Vitamin E, mg	15	
Vitamin K, mcg	40	
Vitamin C, mg	82	
Folate, mcg DFE	125	
Folic Acid, mcg	75	
Thiamin (Vitamin B1), mg	0.60	
Riboflavin (Vitamin B2), mg	0.60	
Vitamin B6, mg	0.70	
Vitamin B12, mcg	2.2	
Niacin, mg NE	6	
Choline, mg	130	
Biotin, mcg	10.5	
Pantothenic Acid, mg	2	
Sodium, mg	330	
Potassium, mg	480	
Chloride, mg	270	
Calcium, mg	190	
Phosphorus, mg	190	
Magnesium, mg	100	
Iodine, mcg	36	
Manganese, mg	0.76	
Copper, mg	0.38	
Zinc, mg	3	
Iron, mg	4.3	
Selenium, mcg	15	
Chromium, mcg	13	

Molybdenum, mcg	23	
Water, g	NA	NA

*1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g from Short-chain Fructooligosaccharides.

†160 mcg RAE of vitamin A activity supplied by 0.4 mg of beta-carotene.

Preparation

Instructions for Use:

8 fl oz Container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Oral Feeding

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the **INSTRUCTIONS FOR USE** increases the potential for microbial contamination and may reduce hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.

Precautions

- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.