

Pedialyte® Sport Powder

Electrolyte powder

From the #1 doctor-recommended brand for rehydration, PEDIALYTE® SPORT is an advanced hydration option formulated for athletes with 5 key electrolytes for fast rehydration and muscle support. With a scientifically designed balance of glucose and electrolytes, Pedialyte Sport quickly replenishes fluids and is formulated to replace electrolytes you may lose during exercise.



Features

- Supplies 5 key electrolytes for fast rehydration and muscle support:
 - Sodium to avoid muscle cramps.
 - Chloride for fluid balance.
 - Potassium for muscle and nerve function.
 - Magnesium for muscle health.
 - Phosphate for muscle repair.
- Electrolyte solution formulated for increased electrolyte loss.
- Great taste.
- Available in Lemon Lime and Fruit Punch.
- Contains no fruit juice.
- Kosher.
- Gluten-free.

Safety Precautions

- Not for use for children under the age of two.

Availability

List Number	Item Description
67989	Pedialyte Sport Powder Fruit Punch / 0.49 oz (14.1 g) Packets / 4 x 6 ct
67848	Pedialyte Sport Powder Fruit Punch / 0.49 oz (14.1 g) Packets / 6 x 6 ct

Ingredients

Fruit Punch Powder: Dextrose, Salt, Citric Acid, Short-chain Fructooligosaccharides, Potassium Citrate, Potassium Phosphate, Magnesium Citrate. Less than 2% of: Natural and Artificial Flavor, Calcium Silicate, Sucralose, Acesulfame Potassium, and Red 40.

Nutrition Information

Nutrient	14.1 g (1 packet)	
	Value	%DV
Calories	40	
Total Fat, g	0	0
Sodium, mg	650	28
Total Carbohydrate, g	10	4
Dietary Fiber, g	1	4
Total Sugars, g	7	
Added Sugars, g	7	14
Protein, g	0	
Potassium, mg	600	15
Phosphorus, mg	190	15
Magnesium, mg	55	15
Chloride, mg	920	40

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. -- Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

Preparation

Instructions for Use:

- Mix one packet of Pedialyte Powder with 16 fl oz water only.
- Stir or shake to dissolve.
- Tastes best served cold.

Storage Instructions:

- Store unused reconstituted product in sealed container in refrigerator for up to 48 hours.
- Do not store powder packets at high temperatures.

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- Electrolyte solution formulated for increased electrolyte loss.
- Great taste.
- Available in Lemon Lime and Fruit Punch.
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- Kosher.
- Gluten-free.

Safety Precautions

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Availability

List Number	Item Description
67988	Pedialyte Sport Powder Lemon Lime / 0.49 oz (14.1 g) Packets / 4 x 6 ct
67845	Pedialyte Sport Powder Lemon Lime / 0.49 oz (14.1 g) Packets / 6 x 6 ct

Ingredients

Lemon Lime Powder: Dextrose, Salt, Citric Acid, Short-chain Fructooligosaccharides, Potassium Citrate, Potassium Phosphate, Magnesium Citrate, Natural and Artificial Flavor. Less than 2% of: Calcium Silicate, Acesulfame Potassium, Sucralose, and Yellow 5.

Nutrition Information

Nutrient	14.1 g (1 packet)	
	Value	%DV
Calories	40	
Total Fat, g	0	0
Sodium, mg	650	28
Total Carbohydrate, g	10	4
Dietary Fiber, g	1	4
Total Sugars, g	7	
Added Sugars, g	7	14
Protein, g	0	
Potassium, mg	600	15
Phosphorus, mg	190	15
Magnesium, mg	55	15
Chloride, mg	920	40

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. -- Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium and iron.

Preparation

Instructions for Use:

- Mix one packet of Pedialyte Powder with 16 fl oz water only.
- Stir or shake to dissolve.
- Tastes best served cold.

Storage Instructions:

- Store unused reconstituted product in sealed container in refrigerator for up to 48 hours.
- Do not store powder packets at high temperatures.