

## Ensure® Original Therapeutic Nutrition Shake

Complete Therapeutic Nutrition

ENSURE ORIGINAL THERAPEUTIC NUTRITION can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss. For oral use only. For interim sole-source nutrition. Use under medical supervision.



### Features

- Complete, Balanced Nutrition®.
- Good source of protein (9 g/8 fl oz).
- 27 vitamins and minerals.
- Excellent source (320 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 20% of 1.6 g DV) to support heart health.
- 25% DV of Vitamin D to support bone health.
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

### Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

### Availability

| List Number | Item Description                                                                      |
|-------------|---------------------------------------------------------------------------------------|
| 64937       | Ensure Original TN Shake Milk Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct |
| 58293       | Ensure Original TN Shake Milk Chocolate / 8 fl oz (237 mL) Bottle / 24 ct             |

## Ingredients

Milk Chocolate Liquid: Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Cocoa Powder (Processed with Alkali). Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Calcium Carbonate, Sodium Citrate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Chloride, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural and Artificial Flavor, Nonfat Milk, Cellulose Gel, Salt, Cellulose Gum, Monoglycerides, Soy Lecithin, and Carrageenan.

Contains milk and soy ingredients.

## Nutrition Information

| Nutrient               | 8 fl oz (237 mL) |     |
|------------------------|------------------|-----|
|                        | Value            | %DV |
| Calories               | 250              |     |
| Total Fat, g           | 6                | 8   |
| Saturated Fat, g       | 1                | 5   |
| Trans Fat, g           | 0                |     |
| Polyunsaturated Fat, g | 2                |     |
| Monounsaturated Fat, g | 3                |     |
| Cholesterol, mg        | 5                | 2   |
| Sodium, mg             | 210              | 9   |
| Total Carbohydrate, g  | 42               | 15  |
| Dietary Fiber, g       | 1                | 4   |
| Total Sugars, g        | 22               |     |
| Added Sugars, g        | 21               | 43  |
| Protein, g             | 9                | 18  |
| Vitamin D, mcg         | 5                | 25  |
| Vitamin A              |                  | 25  |
| Vitamin C              |                  | 50  |
| Vitamin E              |                  | 50  |
| Vitamin K              |                  | 20  |
| Thiamin                |                  | 25  |
| Riboflavin             |                  | 25  |

## Ensure® Original Therapeutic Nutrition Shake

| Nutrient         | 8 fl oz (237 mL) |     |
|------------------|------------------|-----|
|                  | Value            | %DV |
| Niacin           |                  | 35  |
| Vitamin B6       |                  | 25  |
| Folate           |                  | 25  |
| Folic Acid, mcg  | 60               |     |
| Vitamin B12      |                  | 25  |
| Biotin           |                  | 25  |
| Pantothenic Acid |                  | 25  |
| Choline          |                  | 25  |
| Calcium, mg      | 330              | 25  |
| Iron, mg         | 4.5              | 25  |
| Potassium, mg    | 470              | 10  |
| Phosphorus       |                  | 15  |
| Iodine           |                  | 25  |
| Magnesium        |                  | 20  |
| Zinc             |                  | 30  |
| Selenium         |                  | 25  |
| Copper           |                  | 25  |
| Manganese        |                  | 25  |
| Chromium         |                  | 25  |
| Molybdenum       |                  | 25  |
| Chloride         |                  | 10  |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Preparation

#### Instructions for Use:

- Shake well. Serve cold.
- Once opening, reclose, refrigerate, and use within 48 hours.
- Use under medical supervision. Not for IV use.
- Use by date on end of bottle.



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### Availability

| List Number | Item Description                                                               |
|-------------|--------------------------------------------------------------------------------|
| 64931       | Ensure Original TN Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct |
| 58297       | Ensure Original TN Shake Vanilla / 8 fl oz (237 mL) Bottle / 24 ct             |

### Ingredients

Vanilla Liquid: Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Calcium Carbonate, Sodium Citrate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Chloride, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural and Artificial Flavor, Cellulose Gel, Salt, Cellulose Gum, Monoglycerides, Soy Lecithin, and Carrageenan.

Contains milk and soy ingredients.

### Nutrition Information

| Nutrient               | 8 fl oz (237 mL) |     |
|------------------------|------------------|-----|
|                        | Value            | %DV |
| Calories               | 250              |     |
| Total Fat, g           | 6                | 8   |
| Saturated Fat, g       | 1                | 5   |
| Trans Fat, g           | 0                |     |
| Polyunsaturated Fat, g | 2                |     |
| Monounsaturated Fat, g | 3                |     |
| Cholesterol, mg        | 5                | 2   |
| Sodium, mg             | 210              | 9   |
| Total Carbohydrate, g  | 41               | 15  |
| Dietary Fiber, g       | <1               | 2   |
| Total Sugars, g        | 23               |     |
| Added Sugars, g        | 22               | 45  |
| Protein, g             | 9                | 18  |
| Vitamin D, mcg         | 5                | 25  |
| Vitamin A              |                  | 25  |
| Vitamin C              |                  | 50  |
| Vitamin E              |                  | 50  |
| Vitamin K              |                  | 20  |
| Thiamin                |                  | 25  |
| Riboflavin             |                  | 25  |

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|------------------|------------------|-----|
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| Niacin           |                  | 35  |
| Vitamin B6       |                  | 25  |
| Folate           |                  | 25  |
| Folic Acid, mcg  | 60               |     |
| Vitamin B12      |                  | 25  |
| Biotin           |                  | 25  |
| Pantothenic Acid |                  | 25  |
| Choline          |                  | 25  |
| Calcium, mg      | 330              | 25  |
| Iron, mg         | 4.5              | 25  |
| Potassium, mg    | 470              | 10  |
| Phosphorus       |                  | 15  |
| Iodine           |                  | 25  |
| Magnesium        |                  | 20  |
| Zinc             |                  | 30  |
| Selenium         |                  | 25  |
| Copper           |                  | 25  |
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| Chromium         |                  | 25  |
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