



## DESCRIPTION

**Powdered formula** of whey protein, carbohydrate, fat, vitamins and minerals, for a diet restricted in protein, calcium, chloride, potassium, phosphorus and vitamin A.

## USE UNDER MEDICAL SUPERVISION

## INDICATIONS

For the dietary management of pediatric kidney disease. Suitable from 1 year of age.

## DOSAGE AND ADMINISTRATION

To be determined by the clinician or dietitian and is dependent on the age, body weight, and medical condition of the patient.

## PREPARATION GUIDELINES

Renastart is typically mixed with water. Follow the preparation instructions given by your dietitian or clinician.

The standard dilution of approximately 30 kcal/fl oz or 1 kcal/ml is made by adding 1 level scoop of Renastart (7 g) to 30 ml of water (1 fl oz). Use the scoop provided in the can or a gram scale for greatest accuracy.

1. Wash your hands and clean surfaces, utensils, and feeding container.
2. Boil water and leave to cool for no more than 30 minutes to ensure it remains at a temperature of at least 158°F (70°C).
3. Measure out the required amount of water into the feed container. Do not use artificially softened water or repeatedly boiled water.
4. Using the scoop provided, add the prescribed number of scoops of Renastart to the water, leveling off each scoop with the back of a clean dry knife. Return dry scoop to Renastart can.
5. Seal feed container and shake well until powder is dissolved. Test the temperature before feeding, the feed should feel warm or cool but not hot.
6. Renastart is now ready to use.

Any prepared feed should be refrigerated and used within 24 hours. Re-shake before use.

Do not heat Renastart in a microwave as uneven heating may occur and could cause a burn. Do not boil Renastart.

## STORAGE

Store in a cool dry place.

Once opened, Renastart powder must be tightly sealed and consumed within 4 weeks.

## PACK SIZE

400 g can

## IMPORTANT NOTICE

Must only be used under strict medical supervision. Not for intravenous use. For enteral use only (orally or tube feeding). Regular monitoring of nutritional status and electrolyte levels is required. Not suitable for use as a sole source of nutrition.

## Renastart Nutrition Information

	Units	Per 100 g	Per 100 ml (at 30 kcal/fl oz or 1 kcal/ml dilution)
Calories	kcal	494	100
Protein	g	7.5	1.5
Carbohydrate	g	62	12
Sugars	g	6.5	1.3
Total Fat	g	24	4.8
Saturated Fat	g	6.0	1.2
Linoleic Acid	mg	3700	740
Arachidonic Acid (ARA)	mg	200	40
Docosahexaenoic Acid (DHA)	mg	115	23
<b>VITAMINS</b>			
Vitamin A	µg RE	110	22
Vitamin D	µg	9.8	2.0
Vitamin E	mg α TE	4.8	1.0
Vitamin C	mg	65	13
Vitamin K	µg	26	5.2
Thiamin	mg	0.32	0.06
Riboflavin	mg	0.44	0.09
Niacin	mg	3.6	0.72
Vitamin B6	mg	0.50	0.10
Folic Acid	µg	70	14
Vitamin B12	µg	0.88	0.18
Pantothenic Acid	mg	2.2	0.44
Biotin	µg	19	3.8
Choline	mg	140	28
Inositol	mg	26	5.2
<b>MINERALS</b>			
Sodium	mg	210	42
Potassium	mg	95	19
Chloride	mg	80	16
Calcium	mg	100	20
Phosphorus	mg	83	17
Magnesium	mg	35	7.0
Iron	mg	4.5	0.90
Copper	mg	0.34	0.07
Zinc	mg	3.9	0.78
Manganese	mg	0.07	0.01
Iodine	µg	85	17
Molybdenum	µg	7.1	1.4
Selenium	µg	17	3.4
Chromium	µg	8.4	1.7
<b>AMINO ACIDS</b>			
L-Carnitine	mg	18	3.6
Taurine	mg	44	8.8

### At 30 kcal/fl oz or 1 kcal/ml:

Potential renal solute load: 125 mOsm/L

Osmolality: 230 mOsm/kg

Manufactured in Germany for Vitaflö USA, LLC.

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## RENASTART

Ingredients: Dried Corn Syrup, Vegetable Oil (High Oleic Sunflower, Coconut, Canola, Sunflower), Whey Protein Concentrate (Milk), Mono- and Diglycerides, Magnesium Gluconate, M. Alpina Oil\*, Sodium Citrate, Choline Bitartrate, Maltodextrin, C. Cohnii Oil\*\*, L-Tyrosine, Sodium Caseinate, L-Phenylalanine, L-Valine, Calcium Phosphate, Dipotassium Phosphate, Sodium Ascorbate, L-Isoleucine, Calcium Chloride, L-Histidine, L-Threonine, L-Cystine, Taurine, L-Leucine, L-Tryptophan, Potassium Chloride, Inositol, L-Carnitine L-Tartrate, Zinc Gluconate, Calcium Citrate, Sodium Selenite, Ferrous Sulfate, Potassium Iodide, Tocopherols (Preservative), Vitamin D3, Ascorbyl Palmitate (Preservative), Niacinamide, Calcium Pantothenate, Copper Gluconate, Biotin, L-Methionine, Vitamin A Acetate, Chromium Chloride, Folic Acid, Pyridoxine Hydrochloride, Vitamin B12, Vitamin K1, Manganese Gluconate, Riboflavin, Thiamine Hydrochloride, Citric Acid, Sodium Molybdate.

**Contains:** Milk.

\*A source of Arachidonic Acid (ARA).

\*\*A source of Docosahexaenoic Acid (DHA).



Innovation in Nutrition

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