

# Boost® Women Nutritional Drink Very Vanilla

## Key Benefits

- Balanced nutritional drink designed to provide tailored nutrition for women
- Contains iodine and selenium to help support normal thyroid function, calcium and vitamin D to support strong bones, and biotin and zinc to support skin and hair health
- 15 g high-quality protein with 180 nutrient-rich calories per 8 fl oz bottle
- 24 vitamins and minerals including vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- Suitable as a nutrient-packed snack or mini-meal

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

## Nutritional Features

	Boost® Women Nutritional Drink Very Vanilla
kcal/mL	0.76
Caloric Distribution Protein (% of kcal)	Protein 34% Carbohydrate 31% Fat 35%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	9
Calcium (mEq)	18
Potassium (mEq)	1
Chloride (mEq)	5
NPC:N Ratio	50:1
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	86
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient

### Sources

#### Protein Source

- Milk Protein Concentrate
- Soy Protein Isolate

#### Fat Source

- Canola Oil

#### Carbohydrate Source

- Glucose Syrup
- Sugar

#### Fiber Source

## Nutritional

### Applications

- General oral supplemental needs
- Inadequate oral intake
- Increased protein requirements

Important Notes: NOT FOR PARENTERAL USE.

## Allergens

By Nature:  
Milk, Soy

## Nutrition Facts

1 Serving Per Container

Serving Size

237mL

Amount Per Serving

Calories

180

% Daily Value\*

Total Fat 9g

9%

Saturated Fat 1g

5%

Trans Fat 0g

0

Cholesterol 10mg

3%

Sodium 210mg

9%

Total Carbohydrate 14g

5%

Dietary Fiber 0g

0%

Total Sugars 4g

Includes 4g of Added Sugars

8%

Protein 15g

30%

Vitamin D 12mcg

60%

Calcium 350mg

25%

Iron 4.5mg

25%

Potassium 50mg

0%

Vitamin A 180mcg

20%

Vitamin C 90mg

100%

Vitamin E 15mg

100%

Vitamin K 30mcg

25%

Thiamin 0.3mg

25%

Riboflavin 0.5mcg

40%

Niacin 3.2mg

20%

Vitamin B6 0.6mg

35%

Folate 100mcg DFE (60mcg Folic Acid)

25%

Vitamin B12 1.1mcg

45%

Biotin 15mcg

50%

Pantothenic Acid 1.2mg

25%

Phosphorus 250mg

20%

Iodine 35mcg

25%

Magnesium 40mg

10%

Zinc 4.4mg

40%

Selenium 19mcg

35%

Copper 0.3mg

35%

Manganese 0.8mg

35%

Chromium 9mcg

25%

Molybdenum 11mcg

25%

Chloride 160mg

6%

Choline 60mg

10%

Water 204mL

\* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Suitable Diets

- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Gluten Free
- Kosher

Important Notes:

## Ingredients

WATER, GLUCOSE SYRUP, MILK PROTEIN CONCENTRATE, CANOLA OIL, AND LESS THAN 2% OF SOY PROTEIN ISOLATE, SUGAR, VITAMINS AND MINERALS\*, SALT, CELLULOSE GEL AND GUM, NATURAL AND ARTIFICIAL FLAVOR, CARRAGEENAN, SUCRALOSE

\*VITAMINS AND MINERALS: CALCIUM PHOSPHATE, SODIUM ASCORBATE, MAGNESIUM PHOSPHATE, CHOLINE BITARTRATE, DL-ALPHA TOCOPHERYL ACETATE, FERROUS SULFATE, ZINC SULFATE, NIACINAMIDE, MANGANESE SULFATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, COPPER SULFATE, FOLIC ACID, THIAMINE HYDROCHLORIDE, VITAMIN A PALMITATE, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM CHLORIDE, VITAMIN K1, BIOTIN, VITAMIN D3, SODIUM MOLYBDATE, VITAMIN B12

## DRI

### Coverage

## Product Codes

	Boost® Women Nutritional Drink Rich Very Vanilla 4 x 6 x 8 fl oz
NDC-Format Number	41679-0473-77
Case UPC	00041679473733
Each UPC	00041679473771
Product Code	12403241

