

## Glucerna® Original Shake

For people with diabetes

GLUCERNA ORIGINAL SHAKE is designed as a meal or snack replacement to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates. For oral use. For supplemental nutrition. Use under medical supervision as part of a diabetes management plan.



### Features

- Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- Glucerna® is the #1 Doctor recommended nutrition brand for people with diabetes. 1
- 10 g of protein.
- 25 essential vitamins and minerals.
- 1 carbohydrate choice per 8 fl oz.
- Replace a poor meal or snack choice.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

1• Data on file. Abbott Nutrition, November, 2023.

### Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

### Availability

| List Number | Item Description                                                                  |
|-------------|-----------------------------------------------------------------------------------|
| 57810       | Glucerna Original Shake Classic Butter Pecan / 8 fl oz (237 mL) Bottle / 4 x 6 ct |

### Ingredients

Classic Butter Pecan Liquid: Water, Milk Protein Concentrate, Canola Oil. Less than 2% of: Glycerin, Fructose, Corn Maltodextrin, Soy Protein Isolate, Short-chain Fructooligosaccharides, Corn Oil, Soluble Corn Fiber, Natural and Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Cellulose Gel, Salt, Choline Chloride, Ascorbic Acid, Calcium Carbonate, Soy Lecithin, Monoglycerides, Cellulose Gum, Carrageenan, Calcium Phosphate, Sodium Citrate, Potassium Chloride, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Sucralose, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

### Nutrition Information

| Nutrient               | 8 fl oz (237 mL) |     |
|------------------------|------------------|-----|
|                        | Value            | %DV |
| Calories               | 180              |     |
| Total Fat, g           | 9                | 12  |
| Saturated Fat, g       | 1                | 5   |
| Trans Fat, g           | 0                |     |
| Polyunsaturated Fat, g | 4                |     |
| Monounsaturated Fat, g | 4                |     |
| Cholesterol, mg        | <5               | <2  |
| Sodium, mg             | 210              | 9   |
| Total Carbohydrate, g  | 16               | 6   |
| Dietary Fiber, g       | 4                | 14  |
| Total Sugars, g        | 4                |     |
| Added Sugars, g        | 4                | 8   |
| Protein, g             | 10               | 20  |
| Vitamin D, mcg         | 12               | 60  |
| Vitamin A              |                  | 25  |
| Vitamin C              |                  | 100 |
| Vitamin E              |                  | 40  |
| Vitamin K              |                  | 25  |
| Thiamin                |                  | 25  |
| Riboflavin             |                  | 25  |

## Glucerna® Original Shake

| Nutrient         | 8 fl oz (237 mL) |     |
|------------------|------------------|-----|
|                  | Value            | %DV |
| Niacin           |                  | 30  |
| Vitamin B6       |                  | 25  |
| Folate           |                  | 25  |
| Folic Acid, mcg  | 60               |     |
| Vitamin B12      |                  | 25  |
| Biotin           |                  | 25  |
| Pantothenic Acid |                  | 25  |
| Choline          |                  | 25  |
| Calcium, mg      | 260              | 20  |
| Iron, mg         | 3.6              | 20  |
| Potassium, mg    | 380              | 8   |
| Phosphorus       |                  | 20  |
| Iodine           |                  | 25  |
| Magnesium        |                  | 25  |
| Zinc             |                  | 25  |
| Selenium         |                  | 25  |
| Copper           |                  | 20  |
| Manganese        |                  | 20  |
| Chromium         |                  | 50  |
| Molybdenum       |                  | 35  |
| Chloride         |                  | 10  |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Preparation

#### Instructions for Use:

- Shake well. Best served chilled.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.



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### Features

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- Glucerna® is the #1 Doctor recommended nutrition brand for people with diabetes. 1
- 10 g of protein.
- 25 essential vitamins and minerals.
- 1 carbohydrate choice per 8 fl oz.
- Replace a poor meal or snack choice.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

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### Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

### Availability

| List Number | Item Description                                                               |
|-------------|--------------------------------------------------------------------------------|
| 57807       | Glucerna Original Shake Creamy Strawberry / 8 fl oz (237 mL) Bottle / 4 x 6 ct |

## Ingredients

Creamy Strawberry Liquid: Water, Milk Protein Concentrate, Canola Oil. Less than 2% of: Glycerin, Fructose, Corn Maltodextrin, Soy Protein Isolate, Short-chain Fructooligosaccharides, Corn Oil, Soluble Corn Fiber, Potassium Citrate, Natural and Artificial Flavor, Magnesium Phosphate, Cellulose Gel, Salt, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Calcium Phosphate, Sodium Citrate, Potassium Chloride, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Sucralose, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

## Nutrition Information

| Nutrient               | 8 fl oz (237 mL) |     |
|------------------------|------------------|-----|
|                        | Value            | %DV |
| Calories               | 180              |     |
| Total Fat, g           | 9                | 12  |
| Saturated Fat, g       | 1                | 5   |
| Trans Fat, g           | 0                |     |
| Polyunsaturated Fat, g | 4                |     |
| Monounsaturated Fat, g | 4                |     |
| Cholesterol, mg        | <5               | <2  |
| Sodium, mg             | 210              | 9   |
| Total Carbohydrate, g  | 16               | 6   |
| Dietary Fiber, g       | 4                | 14  |
| Total Sugars, g        | 4                |     |
| Added Sugars, g        | 4                | 8   |
| Protein, g             | 10               | 20  |
| Vitamin D, mcg         | 12               | 60  |
| Vitamin A              |                  | 25  |
| Vitamin C              |                  | 100 |
| Vitamin E              |                  | 40  |
| Vitamin K              |                  | 25  |
| Thiamin                |                  | 25  |
| Riboflavin             |                  | 25  |

## Glucerna® Original Shake

| Nutrient         | 8 fl oz (237 mL) |     |
|------------------|------------------|-----|
|                  | Value            | %DV |
| Niacin           |                  | 30  |
| Vitamin B6       |                  | 25  |
| Folate           |                  | 25  |
| Folic Acid, mcg  | 60               |     |
| Vitamin B12      |                  | 25  |
| Biotin           |                  | 25  |
| Pantothenic Acid |                  | 25  |
| Choline          |                  | 25  |
| Calcium, mg      | 260              | 20  |
| Iron, mg         | 3.6              | 20  |
| Potassium, mg    | 380              | 8   |
| Phosphorus       |                  | 20  |
| Iodine           |                  | 25  |
| Magnesium        |                  | 25  |
| Zinc             |                  | 25  |
| Selenium         |                  | 25  |
| Copper           |                  | 20  |
| Manganese        |                  | 20  |
| Chromium         |                  | 50  |
| Molybdenum       |                  | 35  |
| Chloride         |                  | 10  |

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### Preparation

#### Instructions for Use:

- Shake well. Best served chilled.
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- 10 g of protein.
- 25 essential vitamins and minerals.
- 1 carbohydrate choice per 8 fl oz.
- Replace a poor meal or snack choice.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

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### Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

### Availability

| List Number | Item Description                                                              |
|-------------|-------------------------------------------------------------------------------|
| 57801       | Glucerna Original Shake Homemade Vanilla / 8 fl oz (237 mL) Bottle / 4 x 6 ct |

## Ingredients

Homemade Vanilla Liquid: Water, Milk Protein Concentrate, Canola Oil. Less than 2% of: Glycerin, Fructose, Corn Maltodextrin, Soy Protein Isolate, Short-chain Fructooligosaccharides, Corn Oil, Soluble Corn Fiber, Potassium Citrate, Magnesium Phosphate, Natural and Artificial Flavor, Cellulose Gel, Salt, Choline Chloride, Ascorbic Acid, Calcium Carbonate, Soy Lecithin, Monoglycerides, Cellulose Gum, Carrageenan, Calcium Phosphate, Sodium Citrate, Potassium Chloride, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Sucralose, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

## Nutrition Information

| Nutrient               | 8 fl oz (237 mL) |     |
|------------------------|------------------|-----|
|                        | Value            | %DV |
| Calories               | 180              |     |
| Total Fat, g           | 9                | 12  |
| Saturated Fat, g       | 1                | 5   |
| Trans Fat, g           | 0                |     |
| Polyunsaturated Fat, g | 4                |     |
| Monounsaturated Fat, g | 4                |     |
| Cholesterol, mg        | <5               | <2  |
| Sodium, mg             | 210              | 9   |
| Total Carbohydrate, g  | 16               | 6   |
| Dietary Fiber, g       | 4                | 14  |
| Total Sugars, g        | 4                |     |
| Added Sugars, g        | 4                | 8   |
| Protein, g             | 10               | 20  |
| Vitamin D, mcg         | 12               | 60  |
| Vitamin A              |                  | 25  |
| Vitamin C              |                  | 100 |
| Vitamin E              |                  | 40  |
| Vitamin K              |                  | 25  |
| Thiamin                |                  | 25  |
| Riboflavin             |                  | 25  |



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| Nutrient         | 8 fl oz (237 mL) |     |
|------------------|------------------|-----|
|                  | Value            | %DV |
| Niacin           |                  | 30  |
| Vitamin B6       |                  | 25  |
| Folate           |                  | 25  |
| Folic Acid, mcg  | 60               |     |
| Vitamin B12      |                  | 25  |
| Biotin           |                  | 25  |
| Pantothenic Acid |                  | 25  |
| Choline          |                  | 25  |
| Calcium, mg      | 260              | 20  |
| Iron, mg         | 3.6              | 20  |
| Potassium, mg    | 380              | 8   |
| Phosphorus       |                  | 20  |
| Iodine           |                  | 25  |
| Magnesium        |                  | 25  |
| Zinc             |                  | 25  |
| Selenium         |                  | 25  |
| Copper           |                  | 20  |
| Manganese        |                  | 20  |
| Chromium         |                  | 50  |
| Molybdenum       |                  | 35  |
| Chloride         |                  | 10  |

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#### Instructions for Use:

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### Availability

| List Number | Item Description                                                            |
|-------------|-----------------------------------------------------------------------------|
| 57804       | Glucerna Original Shake Rich Chocolate / 8 fl oz (237 mL) Bottle / 4 x 6 ct |

### Ingredients

Rich Chocolate Liquid: Water, Milk Protein Concentrate, Canola Oil. Less than 2% of: Glycerin, Fructose, Cocoa Powder (Processed with Alkali), Soy Protein Isolate, Corn Maltodextrin, Corn Oil, Soluble Corn Fiber, Short-chain Fructooligosaccharides, Potassium Citrate, Magnesium Phosphate, Cellulose Gel, Natural and Artificial Flavor, Salt, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Monoglycerides, Soy Lecithin, Cellulose Gum, Carrageenan, Calcium Phosphate, Potassium Hydroxide, Potassium Chloride, Sodium Citrate, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Sucralose, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

### Nutrition Information

| Nutrient               | 8 fl oz (237 mL) |     |
|------------------------|------------------|-----|
|                        | Value            | %DV |
| Calories               | 180              |     |
| Total Fat, g           | 9                | 12  |
| Saturated Fat, g       | 1                | 5   |
| Trans Fat, g           | 0                |     |
| Polyunsaturated Fat, g | 4                |     |
| Monounsaturated Fat, g | 4                |     |
| Cholesterol, mg        | <5               | <2  |
| Sodium, mg             | 210              | 9   |
| Total Carbohydrate, g  | 16               | 6   |
| Dietary Fiber, g       | 4                | 14  |
| Total Sugars, g        | 4                |     |
| Added Sugars, g        | 4                | 8   |
| Protein, g             | 10               | 20  |
| Vitamin D, mcg         | 12               | 60  |
| Vitamin A              |                  | 25  |
| Vitamin C              |                  | 100 |
| Vitamin E              |                  | 40  |
| Vitamin K              |                  | 25  |
| Thiamin                |                  | 25  |

## Glucerna® Original Shake

| Nutrient         | 8 fl oz (237 mL) |     |
|------------------|------------------|-----|
|                  | Value            | %DV |
| Riboflavin       |                  | 25  |
| Niacin           |                  | 30  |
| Vitamin B6       |                  | 25  |
| Folate           |                  | 25  |
| Folic Acid, mcg  | 60               |     |
| Vitamin B12      |                  | 25  |
| Biotin           |                  | 25  |
| Pantothenic Acid |                  | 25  |
| Choline          |                  | 25  |
| Calcium, mg      | 260              | 20  |
| Iron, mg         | 3.6              | 20  |
| Potassium, mg    | 470              | 10  |
| Phosphorus       |                  | 20  |
| Iodine           |                  | 25  |
| Magnesium        |                  | 25  |
| Zinc             |                  | 25  |
| Selenium         |                  | 25  |
| Copper           |                  | 30  |
| Manganese        |                  | 20  |
| Chromium         |                  | 50  |
| Molybdenum       |                  | 35  |
| Chloride         |                  | 10  |

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