

Compleat® Organic Blends Plant Based Unflavored

Key Benefits

- Made with a variety of blenderized organic whole foods including sweet potato, pear, brown rice, blueberries, and kale
- Provides approximately 3 cup equivalents of fruits and vegetables per 1000 mL
- Organic, vegan* and non-GMO**; no dairy, soy, nut or other common food allergens; no corn ingredients
- Plant-based protein blend provides a PDCAAS of 1
- Contains soluble and insoluble fiber to help support digestive health and normal bowel function
- Blend of organic olive oil and organic canola oil provides oleic acid, linoleic acid (LA), and alpha-linolenic acid (ALA) – an omega-3 fatty acid
- Nutritionally complete formula for tube feeding or can be consumed orally

Notes & Disclaimers for Key Benefits (Healthcare Professionals)
*visit www.compleat.com/policies to view our non-GMO and vegan policies
**Organic products are Non-GMO

Nutritional Features

	Compleat® Organic Blends Plant Based Unflavored
kcal/mL	1.27
Caloric Distribution Protein (% of kcal)	Protein 22% Carbohydrate 40% Fat 38%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	17
Calcium (mEq)	17
Potassium (mEq)	13
Chloride (mEq)	9
NPC:N Ratio	90:1
MCT:LCT Ratio	
n6:n3 Ratio	4.8:1
Free Water (%)	81
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	780
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

- Organic Sweet Potato Puree
- Organic Hydrolyzed Pea Protein
- Organic Brown Rice Flour
- Organic Rice Protein Concentrate

Fat Source

- Organic Extra Virgin Olive Oil
- Organic Canola Oil

Carbohydrate Source

- Organic Sweet Potato Puree
- Organic Pear Puree
- Organic Brown Rice Flour
- Organic Blueberry Puree
- Organic Kale Puree

Fiber Source

- Organic Sweet Potato Puree
- Organic Pear Puree
- Organic Hydrolyzed Pea Protein
- Organic Brown Rice Flour
- Organic Blueberry Puree
- Organic Kale Puree

Nutritional Applications

- Short- or long-term tube-feeding regimen for those who prefer a plant-based formula with real food ingredients
- May help address feeding intolerance common in individuals with developmental disabilities
- Malnutrition
- Multiple food allergies

Important Notes: NOT FOR PARENTERAL USE.
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This product is intended for use under medical supervision.
Optimal administration is via 12Fr or larger feeding tube for bolus/syringe and pump-assisted feedings.
Gravity feeding is NOT recommended due to viscosity of formula.

Allergens

By Nature:

Nutrition Facts

1 Serving Per Container	
Serving Size	300mL
Amount Per Serving	
Calories	380
	% Daily Value*
Total Fat 15g	20%
Saturated Fat 2g	10%
Trans Fat 0g	0
Cholesterol 0mg	0%
Sodium 380mg	17%
Total Carbohydrate 41g	15%
Dietary Fiber 6g	21%
Total Sugars 17g	
Includes 0g of Added Sugars	0%
Protein 19g	38%
Vitamin D 5mcg	25% • Calcium 330mg 25%
Iron 5mg	30% • Potassium 500mg 10%
Vitamin A 380mcg	40% • Vitamin C 50mg 60%
Vitamin E 4mg	25% • Vitamin K 30mcg 25%
Thiamin 0.8mg	70% • Riboflavin 0.5mcg 40%
Niacin 5mg	30% • Vitamin B6 1mg 60%
Folate 100mcg DFE (60mcg Folic Acid)	25% • Vitamin B12 2mcg 80%
Biotin 10mcg	35% • Pantothenic Acid 2mg 40%
Phosphorus 330mg	25% • Iodine 40mcg 25%
Magnesium 110mg	25% • Zinc 5mg 45%
Selenium 20mcg	35% • Copper 0.5mg 60%
Manganese 1mg	35% • Chromium 66mcg 190%
Molybdenum 61mcg	140% • Chloride 320mg 15%
Choline 150mg	30% • Water 242mL
* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Suitable Diets

- Plant-Based
- Vegan**
- Dairy-Free
- Lactose-Free
- Gluten-Free
- Non-GMO*
- Organic

Important Notes:
*All Organic Products are Non-GMO
**Vegan according to our policy



Ingredients

Organic Sweet Potato Puree, Water, Organic Pear Puree, Organic Hydrolyzed Pea Protein, Organic Brown Rice Flour, Organic Extra Virgin Olive Oil, Organic Rice Protein Concentrate, Organic Canola Oil, Organic Blueberry Puree, Organic Kale Puree, And Less Than 2% Of Vitamins And Minerals†, Organic Spices (Cinnamon, Ginger), Salt

†Vitamins And Minerals: Calcium Phosphate, Sodium Citrate, Ascorbic Acid, Choline Bitartrate, Magnesium Chloride, L-Carnitine, Taurine, Zinc Sulfate, Ferrous Sulfate, Niacinamide, DI-Alpha Tocopheryl Acetate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Vitamin K1, Biotin, Vitamin D3, Vitamin B12

DRI Coverage

Meets or exceeds 100% DRI for 26 key vitamins and minerals: Adult (+14 years old), 1200

Product Codes

	Compleat® Organic Blends Plant Based 24 x 300 mL
HCPCS Code	B4149
NDC-Format Number	43900-0192-70
Case UPC	00043900192703
Each UPC	00043900809885
Product Code	4390019270